



# PERRIE'S PAIN

We reveal Zayn met new girlfriend Carlyn a year ago

...and they're living together!



# AMY

'I've kicked Bradley out and I've been crying for days'



Exclusive interview



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# JORDAN UNLEASHED!

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Pals warn 'There's only so much Kieran will take' after her shock onstage antics

EXCLUSIVE PICTURES



Jac under pressure as Dan demands more kids

# BABY WARS!

Michelle puts career before children

Emily's panic as Pete says he wants two more babies



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The **new!** VIEW



Tamal, Nadiya and Ian made it to the *GBBO* final



What will we do without our weekly fix of Paul and Mary?!



We've loved watching Nadiya every week



Her creations and facial expressions have been legendary

## Nadiya is our Queen Of Cakes!

The *Great British Bake Off* never fails to amaze us, but the cake connoisseurs of the **new!** office – all of us, then! – believe this latest series has been the best yet.

Not only have hosts Mel and Sue dished up extra helpings of their innuendos ("cream horn, anyone?"), but Paul and Mary have been extra hard taskmasters, pushing the contestants further than ever with an array of tough (and sometimes slightly bonkers) challenges. But the icing on the cake (sorry!) has been the line-up

of brilliant bakers. We've been truly wowed by some of their mouth-watering creations, and now, as the series comes to a nail-biting end, we're worried how we'll cope without our weekly television sugar hit.

As **new!** went to press, the winner was yet to be crowned, but whatever the outcome, Nadiya is our Queen Of Cakes. She may have gone under the radar to begin with, but as *GBBO* progressed, her bakes just got better and better. Not only that, we fell in love with her dry sense of humour (classic line, "If I'm going down, I'm going down making fortune cookies!") and priceless facial expressions!

One of her defining moments had to be her tiered cheesecake in week four, complete with a suspended fizzing "Pop" can and bubbles magically flowing from it. To quote Paul Hollywood, it was quite simply "ingenious".

Look out, Mary, we think there's a new baking babe set to steal your sugary crown!



Lebby  
 Lebby Eyles,  
 editor-in-chief

## UH-OH, JORDAN'S BACK!

Katie Price, famous businesswoman, wife and mother-of-five, did a disappearing act last week as her outrageous alter ego Jordan made a shock comeback. Turn to page 6 to see our exclusive shots of her X-rated night out, all brought to you in full, glorious technicolour (now, would you expect anything less?!). Prepare for your jaws to drop!





## Taylor Swift & Mick Jagger

NASHVILLE, SEPTEMBER 26

Everyone who's anyone has performed with Tay at one of her gigs – and we bet Mick got a lot of Satisfaction out of being a Swiftie for an evening.



## Simon Cowell

LONDON, SEPTEMBER 28

Si gets a little more than he bargained for after agreeing to a selfie with a fan. But we all know the *X Factor* judge has gone a bit soft since becoming a dad, so he obliges with a grin.

# Papped

Seven days with the stars



## Miranda Kerr & Flynn

CALIFORNIA, SEPTEMBER 26

Über-stylish mum Miranda enjoys a sunny day out with her four-year-old son, who's clearly a Manchester United fan like his dad, Orlando Bloom.



## Rosie Huntington-Whiteley & Jason Statham

LOS ANGELES, SEPTEMBER 25

The couple look too cool for school as they leave LAX airport in coordinated casual-chic outfits.





**Spencer  
Matthews**

**IBIZA, SEPTEMBER 29**

No doubt Spenny wants to look his best now he's single again. After a stint at Ibiza's No1 Boot Camp, we bet his abs are as solid as those rocks!

PHOTOS: Blitz Pictures, GC Images, Getty Images, INFphoto.com, Max Lawless/No1 Bootcamp, Rex Shutterstock, Xposurephotos.com



**Charlotte Church**

**CARDIFF, SEPTEMBER 27**

Blimey! We barely recognised Charlotte with her new peroxide purple 'do and – dare we say it – a rather mature choice of outfit...



**Coleen  
Rooney**

**CHESHIRE, SEPTEMBER 28**

She might be five months pregnant, but gym bunny Coleen is still full of energy. You might want to save some for when you've got three young children to look after, Coll!



# Kieran 'humiliated' as Katie unleashes Jordan!

Insiders tell **new!** how the star's wild night out in Ireland was revenge for her husband's affairs

## WHEN KATIE PRICE WAS SNAPPED ON A RAUCOUS NIGHT OUT –

during which she flashed her smalls and grabbed her crotch – many assumed she was just letting her hair down. But an insider has told **new!** that the 37 year old's wild behaviour was actually her way of "getting back" at her love-cheat husband Kieran Hayler.

As our exclusive pictures show, the mum-of-five guzzled cocktails while she helped judge a drag queen talent show with Davina Devine at Dublin gay bar The George. However, Katie ensured she had her share of the attention by allowing her alter ego Jordan to run wild, while her 28-year-old husband looked on. At one point she even gave the crowd a view of her undies and fondled herself in a sexual way.

Some would say Jordan's unruly behaviour was down to her having one too many drinks, but a source has told us Katie's actions may have been more deliberate.

"Many people do silly things when they're drunk, but Kieran's infidelity has left Katie with trust issues and she is trying to test him and level the playing field," revealed a pal. "She

can become wild when she drinks, and Kieran may make allowances for her, but there's only so much someone can take. Kieran will be feeling humiliated – but for Katie, it's payback time."

The source added that Kieran – who had sexual relationships with two of Katie's best friends, Jane Pountney and Chrissy Thompson – won't have a leg to stand on if he complains about her behaviour.

"I feel sorry for Kieran because his hands are tied," continued the source. "These are Katie's rules. She can be as wild as she likes and he has to take it."

Fans were unimpressed by Katie's display, which included her singing Whitney Houston and Foreigner songs on karaoke, while Kieran – who hadn't touched alcohol for five years before meeting Katie – watched.

One club-goer said, "Katie was absolutely wrote off drunk. She sang three songs and forgot the words to all three of them. She was pulled off stage by a drag queen in the middle of Foreigner, who said, 'I know what you really want – a Martini!'"

But the evening's host Davina loved her personal appearance and told **new!**, "Katie was adorable. She shook hands with everyone in the room and introduced herself to everyone. She was very sweet."

Katie's boozy night came just days before her ex-husband, Peter Andre, 42, waltzed his way on to the *Strictly Come Dancing* dance floor for the first time in this year's competition.

"Katie loves controversy, so when somebody else gets a bit of attention, she likes to do something to outshine them," added our source. "But goodness knows what her young children will think of her behaviour."

The star's debauched night out is worlds away from her recent attempts to portray a more family friendly image. Over recent weeks, she has

The star unleashed Jordan on the night out



updated Instagram and Twitter with pictures of her children, Harvey, 13, Junior, ten, Princess, eight, Jett, two, and 14-month-old Bunny. But with Pete on prime-time TV and the heartbreak caused by Kieran still fresh in her mind, Jordan has quickly re-emerged.

In March this year, the star admitted she struggles to shut down her media persona, telling **new!**, "If I'm having a good week, I get called Kate Price, but if I've had a bad week it's Jordan. Jordan's not here now – she only comes out at night at the moment."

But during recent Channel 5 documentary *Katie Price: In Therapy*, she admitted, "I've always been an exhibitionist... I suppose it's the shock value, a bit of naughtiness in me, rebellious."

We couldn't have put it better ourselves, Katie!

JULIA BROOKS

She belted out some songs on karaoke but apparently forgot the words



Kieran looked unimpressed as he arrived back from Dublin with Katie



EXCLUSIVE  
PICTURES

She made  
sexual gestures  
to the crowd

Katie's underwear  
was on display

An onlooker said she  
was "wrote off drunk"

Katie kissed  
a male fan

Jordan posed with  
Davina and other  
performers at the end  
of the night





Lauren says  
they're taking  
their relationship  
more seriously  
this time round





# Defiant Lauren stands by bad boy Jake

Lauren Goodger has been showing her support for her man following his arrest

**SHE RECENTLY ENJOYED A LOVED-UP WEEKEND IN PARIS WITH HER BOYFRIEND** Jake McLean, but Lauren Goodger has been hiding a secret pain, as it emerged last week that Jake has been arrested.

The 26 year old was arrested at his Chigwell home three months ago on suspicion of money laundering and possession of drugs with intent to supply. He is expected to answer bail on November 12.

While Lauren and Jake have both declined to comment on the shock arrest, the former *TOWIE* star proved her loyalty to her man last Monday by sharing snaps of herself in Paris with her "Jake" tattoo very much on display.

She also showed her support by posting an image of the cover of Meek Mill's track *Bad For You* on Instagram, writing alongside it "Our song" on July 2 – the day after his arrest. The song's lyrics include, "I'm a good girl but I wanna be bad for you. How could something that's so wrong feel so right?"

But while Lauren has seemed defiant online, Jake's arrest is a blow to the couple, coming in the same week they did their first shoot for *new!*'s sister magazine *OK!*, in which they spoke of their love for each other.

In the interview, Lauren declared that Jake – who she rekindled her romance with in May, following a brief split – was the man for her. She

Lauren and Jake placed a padlock on the Pont des Arts



Lauren flashed her "Jake" tattoo

said, "I can't wait to be the mum of Jake's children. Jake will be a great dad too, he loves kids."

She added, "This time

round we know our relationship is forever so we're both taking it much more seriously. I'd love for us to get married one day but I think we'll have children first. I'd love to have our kids there on our wedding day."

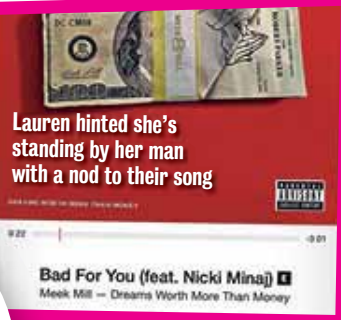
And just weeks after his arrest, she expressed her loyalty to Jake, telling *new!* in August, "I felt he came back at the right time and he was ready and matured. I would only ever settle for someone who was ready for a committed relationship."

Last month, Jake and Lauren splashed out on a trip to Paris to mark her 29th birthday. There, the smitten couple



i literally have no idea what im gonna do if i dont end up rich

Lauren hinted she's standing by her man with a nod to their song



declared their love for each other by placing a padlock on the famous Pont des Arts. Jake shared a snap of the lock – which read "LG loves JM" – on Instagram, and wrote, "Never

let small minds convince you that your dreams are too big – @laurenrosegoodger #frompariswithlove #happybirthday."

However, Jake's bloated appearance – a massive change from just three months ago – was testament to how much stress he's been under.

The Essex boy has made no secret of his love of money in the past. He recently shared the quote, "When people ask 'What do you do?' I say, whatever it takes."

And last month, he showed his materialistic side once more, when he posted another quote about money. It read, "I literally have no idea what i'm gonna do if i dont end up rich."

Let's hope Lauren's loyalty to her boyfriend doesn't prove misguided...

KARMEL DOUGHTY

Jake appears more bloated now than he did three months ago





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# Danielle's racy pic sparks outrage!

The star's saucy bedroom snap with new boyfriend Michael O'Neill didn't go down well with everyone

**A WEEK RARELY SEEMS TO GO BY WITHOUT DANIELLE LLOYD BEING SLATED**

for her colourful love life.

But the mum-of-three sent social media into overdrive last week when she was accused of sharing an "inappropriate" photo of herself and new fella Michael O'Neill in bed together. She enraged bloggers when she posted a picture of them kissing, seemingly naked, during a romantic getaway in Paris, with the caption, "Love him so much #bigkid #mylife #mykids."

One fan fumed, "You have included your kids in this picture. A bit inappropriate!" while another observed, "Have you just had sex!?"

Unsurprisingly, the former WAG quickly deleted the photo, but the damage had been done. Shortly afterwards she uploaded a more family friendly snap of the pair cosying up in front of the Eiffel Tower. However, some fans couldn't resist taking another swipe, with one writing, "They got clothes on!"



Danielle posted this intimate photo of herself and Michael



The couple cosied up in Paris

Danielle has been dating Michael for a matter of weeks, following her split from Tom Jimson in July. She has been criticised for introducing both men to her children Archie, five, Harry, four, and George, two, so soon.

She has also come under fire for "jumping" from one man to the next – something her mum Jackie recently defended when she claimed Danielle had dated just "three men" this year and that Michael is "the first man the boys have been introduced to".

But last week Danielle played down speculation she is moving too fast with her new man and she was forced to deny they were engaged when she stepped out wearing a sparkler on her ring finger. When we quizzed her at the Pride Of Britain Awards, she told us, "Engaged? No, no." And when asked why she was wearing the ring on that finger, she said, "Because I just can't fit it anywhere else!"

While a wedding is off the cards, it seems Danielle is clearly thinking about expanding her brood. After telling **new!** in August she wasn't making any future baby plans because she needed "to find someone to have one with first", she revealed a change of heart last week when she said, "I would like one more maybe. Who knows how many I'll have?"

Danielle also told us how she shrugs off criticism over her love life. "I'm a determined person and I just get on with things. My boys are my main priority and looking after them is hard work. So if I let things get on top of me too much, I can't deal with them and they're wild."

KARMEL DOUGHTY



Danielle sparked engagement rumours on the red carpet at the Pride Of Britain Awards



Danielle's three boys are her main priority

PHOTOS: Erolme.co.uk, VantageNews.com, Wirlimage "Internet posts are printed exactly as they appear online"



# Perrie's pain as Zayn dates her lookalike!

**new!**'s insider spills the beans on Zayn Malik's "super sweet" new love interest... but his ex won't be impressed

**AFTER FORMER ONE DIRECTION STAR ZAYN MALIK POSTED A SHIRTLESS SNAP OF HIMSELF** cuddled up to a mystery blonde last week, his millions of fans went into meltdown.

The pretty blonde was later identified as American PR girl Carlyn Bryan, and **new!** can now reveal the pair have known each other for over a year and were first pictured together back in September 2014 when Zayn was still

very much engaged to former girlfriend Perrie Edwards.

Carlyn, who attended a Catholic university in California, was first photographed with the heart-throb in a car leaving 1 OAK club in LA on September 18 last year. At the time Zayn was touring America with the 1D boys.

**new!**'s insider said Carlyn was "happy" about meeting Zayn and that he even took her number. Perrie, who was dumped by Zayn in July, was in London at the time recording Little Mix's third studio album.

Our insider revealed, "Carlyn is super sweet – and hot. She's from a nice family. She wants to keep a low profile but she's as good as gold, so there's no dirt to pull out about her."

Zayn's sexy selfie – posted to his 3.6million Instagram followers – came

just two months after he called off his engagement to Perrie. He is currently staying in the States and recently changed his Twitter location from England to LA. Friends close to Zayn and Carlyn told **new!** they think the pair are now living together in LA.

But it comes as little surprise that fans have found his actions insensitive. One blasted, "What the f\*\*\* zaynnn." Another angry blogger added, "Ew. He's such an a\*\*hole."

And to rub even more salt into poor Perrie's wounds, fans think she looks like Carlyn – including the blonde hair, striking eyes and signature pout.

Carlyn was snapped in a car with Zayn in September last year



Carlyn wants to keep a low profile



Perrie – here with her Little Mix bandmates last week – is disgusted with Zayn



"99.9% sure that zayn just searched 'perrie edwards lookalike' on the internet and hired this girl just to take this pic," one joked.

Luckily Pez – who was pictured with her bandmates at the Pride Of Britain Awards in London last week – is taking her ex-fiance's digs in her stride.

A separate source revealed, "The photo just confirms everything Perrie already thinks about Zayn. 'Heartless' is the first word that came to Perrie's mind when she saw it. She thinks Zayn has stooped to an all new low by making such a public to-do about this girl."

"Is she heartbroken over the picture? No, she's disgusted. She wants to tell the girl, 'You can have him!' Perrie isn't wasting any more tears on this guy."

Good for you, Perrie!

ZARA ZUBEIDI





Zayn sent fans into meltdown when he posted this snap of him and Carlyn last week

## LAUREN ON ZAYN FAME: 'IT GETS TO YOU'

She was labelled Zayn's Thailand "fling" in March, after she was snapped holding hands with the singer while he was still engaged to Perrie. So *Love Island* star Lauren Richardson is in a prime position to give advice to Carlyn, now her name is hot property among Zayn's millions of fans.

Speaking to **new!** at the National Reality TV Awards last week, Lauren, 26, had some words of wisdom for Carlyn and urged her to shrug off the haters.

"Take no notice. Ignore everything that gets said to you. That's what I did. If you sit

there looking at it [the comments] you start thinking it's true. It gets to you," she said. "The names they call you... you know you're not that. As long as your family and friends know who you are it doesn't matter what anyone else thinks."

Zayn left One Direction shortly after the snap of him and Lauren went viral. She insisted nothing happened between them, apart from having "one innocent picture" together – but she endured a barrage of abuse from 1D fans.

Let's hope Carlyn has an easier ride!



Lauren and Zayn cosied up for a snap in Phuket



At the National Reality TV Awards last week



# Kym torn over future with Matt

The *Corrie* actress is dealt a huge blow as it's claimed her boyfriend is expecting a child with his ex...

**AFTER TWO BROKEN MARRIAGES AND A FAILED ENGAGEMENT**, we didn't think Kym Marsh's love life could get any more complicated.

But last week, the *Corrie* star suffered yet another blow when it was revealed her new boyfriend, Matt Baker, may be the father of his pregnant ex's child – leaving his future with Kym hanging in the balance.

Her pal told **new!**, "Kym was just starting to settle into her relationship with Matt but it just seems that things never go right for Kym and her love life."

Last week, pregnant Danni Ballard – who dated Matt, 26, for nine months until April this year – claimed the personal trainer wanted "nothing to do with his own child". She bumped into the couple while shopping in Manchester and claimed Matt told her to "go away" when she tried to speak to him, and that Kym turned her back on her.

"This has been the hardest time of my life," Danni, 26, said. "Matt needs to face up to his responsibilities – and if he stays with Kym, she must help him see that."

While the actress branded the



Matt and Danni dated for nine months



Danni claims Matt is the father of her unborn child

story "LIES LIES and more LIES!!" on Twitter, it's likely the news would have served as a painful reminder for Kym, whose previous relationship was influenced by an ex.

Kym called off her engagement to actor Dan Hooper in May, but during their time together she had to fend off swipes from his ex, Stephanie

Waring, who branded her "heartless" for dating him.

Kym will also need to decide if she wants to stick by Matt as he battles with his ex over the child's paternity. Last week, he revealed he will take a paternity test once the baby is born and, if he is the father, he said he will



Kym and Matt looked strained as they were snapped shopping in Manchester recently

"honour my position as a parent".

To make matters even more humiliating for Kym, the news that Matt may be about to become a dad came in the same week she finally confirmed they were a couple.

Revealing they were "feeling really good" about their relationship this time around after previously dating in 2014, Kym, 39, added, "We've been positives in each other's lives. Matt's a very good influence on me and vice versa, and we care about each other a lot."

Now pals have told **new!** she

isn't sure if the relationship has legs after all. Our insider said, "Kym has some big decisions to make. She has had so much drama with her relationships over the past few years. She can really

do without any more.

"Kym understands everyone has a past and in the same way that she wouldn't expect Matt to get involved with Polly's dad, she wouldn't get in the way of him having a relationship with his child."

It seems Kym's love life has more twists and turns than a soap storyline!

ZARA ZUBEIDI



Stephanie branded Kym "heartless" for dating Dan



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# Are these women too skinny?

We address the body-shaming issue and ask if it's damaging or our responsibility to point out when celebrities look too thin...

**A FEW WEEKS AGO, CHERYL FERNANDEZ-VERSINI WAS HAILED BY SOME AS THE CHAMPION OF THE ANTI BODY-SHAMING CAMP**

after saying it should become "illegal" for someone to negatively comment on another person's body. But a month on, she's been branded a "hypocrite" for changing her tune.

The 32 year old said last week, "It's crazy double standards. You'd never be allowed to say to somebody, 'Oh, you look a bit fat.' And being overweight is unhealthy – it's actually a bad message to tell someone who is obese they look 'curvy' or 'great'."

Her words outraged fans, who vented their frustration online. One wrote, "Cheryl is a hypocrite!! How about if you cant say anything nice say nothing at all-just do your day job #rude #bebodypositive." Another said, "So Cheryl wants body shaming made illegal and go's on to say fat people are unhealthy and curvy isn't ok!?"

## CHERYL FERNANDEZ-VERSINI

The singer insists she is currently her natural size and said, "When I work out, I can look like a tennis player." However, Cheryl was curvier in the early days of Girls Aloud – and had more meat on her bones just last year.

In the past, Cheryl – who still looked tiny at the Pride Of Britain Awards last Monday – has opened up about being unhappy with her size. She said in 2009, "I remember taking these size 28s into the changing room and not being able to get them on, and then getting on the scales and crying because I was 9½st – when I'm only 5ft 3in." Sounds OK to us, Chez!



Love u Chezza but i'm confused.."

Amanda Holden, 44, even waded in, saying, "It's a little stupid to say it should be illegal. Where does it end? When you're in the public eye, you have to take the good with the bad."

Body-shaming is clearly a hot topic at the moment, with supermodel Gigi Hadid lending her opinion to the

debate last week, telling fans, "Be open if not part of the change, because it's undeniably happening." With that in mind, we ask if it's ever right to point out when someone is too fat or too thin.

We spoke to UK eating disorder charity Beat, which warned against the effect some comments may have on others. Their spokesperson told **new!**, "A preoccupation with weight and shape is one of the key features of current popular culture – and it is a global phenomenon. Celebrities are scrutinised in the media for imperfections and flaws as much as for their attractiveness, leading young people to consider their own bodies in a critical light too. For people affected with issues of low self-esteem and negative body image issues, it can be difficult to keep things in perspective."

While we recognise women come in all shapes and sizes and celebrate the natural female form with our no airbrushing campaign, we feel it's our responsibility to highlight when a public figure suddenly sheds the pounds – shrinking from their normal frame, be it a size 6 or a 16, to being dramatically underweight.

In light of Beat's comments, do you think it's important to point out when a celebrity's body is not attainable or healthy? Or should we be celebrating all women's bodies, large or small? Let us know on our Twitter page, @new\_magazine!

JULIA BROOKS



Cheryl at the Pride Of Britain Awards last Monday





The model on the catwalk in September 2014



A year later she looks slimmer than ever

## KENDALL JENNER

She's never had her sister Kim's hourglass figure, but even athletic-looking Kendall has dipped below the svelte line.

The 19 year old was pictured showing off her thigh gap as she shopped in France ahead of Paris Fashion Week recently. And we thought thigh gaps were so last season!



In June last year, Myleene had an hourglass figure

## MYLEENE KLASS

When we bumped into Myleene, 37, recently, she told us, "My workout is my Hoover!" The 5ft 5in TV host's house must be spotless, as she looked tiny at the Pride Of Britain Awards last week. Her protruding collarbones were worlds away from the more womanly figure she had in June last year, and back in 2001, when she first found fame with Hear'Say.



Where have the star's curves gone?



She had curves back in 2013...

## AMAL CLOONEY

When she first started dating George back in 2013, Amal, 37, looked naturally slight, but healthy. However, last week, when she stepped out in New York, it was clear she's lost weight – and her healthy glow too.

Come on, Amal, we bet George wants something to hold on to!



...but Amal looked too thin in New York last week



Amanda looked great in hotpants in August

## AMANDA SEYFRIED

In 2008, a shapely, 5ft 3in Amanda looked every inch the Hollywood goddess playing Sophie in *Mamma Mia!*. Fast forward seven years and fame has clearly taken its toll on the 29 year old.

The star – who split from boyfriend Justin Long last week – appeared frail as she showed off her slender arms and legs in LA last week.



She appeared gaunt last Monday

## TARA REID

The 5ft 5in star, 39, has had a well-documented battle with her weight over the years, and it seems she still hasn't been able to ditch her demons.

The actress was seen on a dinner date in West Hollywood recently and is believed to have sent her meal back after it arrived – opting to share her mystery man's food instead. Sad times.



Tara in 2000, shortly after *American Pie* was released



The actress looks thinner than ever

## HEIDI KLUM

As a supermodel, being slim comes with the job description – and there's no denying Heidi is amazing at what she does. But since giving birth to her fourth child back in 2009, the 5ft 9in star has shed her womanly curves.

After Donald Trump said the 42 year old was "no longer a 10", it seems the pressure may finally have got to Heidi – she appeared slimmer than ever at Milan Fashion Week.



Heidi wowed with her curves in 2010

The model appears to have lost a lot of weight





# Caroline told: 'Get your own man!'

Fans lash out at the *X Factor* host and blame her for the breakdown of Olly Murs' relationship

Caroline has admitted to fancying Olly

**SHE'S MADE NO SECRET OF FANCYING OLLY MURS AND REGULARLY FLIRTS WITH HIM ON SCREEN**, so it's no wonder Caroline Flack has been blamed by some people for the breakdown of his relationship.

Last week, a spokesperson for Olly confirmed to **new!** that his three-year romance with property developer Francesca Martin was over. And while the reason behind the split was not made public, many fans pointed the finger at Caroline, 35.

"I sense Caroline flack was involved," one blogger wrote online, while another said, "After seeing Ms Flack consistently drape herself over OM no wonder his ex looks unhappy. Can't Flack get her own man?"

Just last month, Caroline and Olly did a joint interview in which they gushed about each other. Caroline,



Francesca and Olly announced their split last week



Caroline with her ex, Jack

who split from music manager Jack Street in August, said, "I did fancy you when we first started [working together]." Olly responded, "And

I thought you seemed like a top person. Someone really lovely, who I could go out for a drink and have a laugh with... You're the perfect girlfriend."

Caroline quipped, "Basically, I'm your perfect girl."

As if that wasn't upsetting enough for Francesca, 26, Caroline had been on ITV's *Lorraine* weeks earlier

and said, "My mum says, 'Can't you marry Olly? Go on, it'd be perfect!'"

Pals have revealed how Olly and Francesca's shock split followed a romantic holiday together. A friend said, "The split has just happened and it is very raw for Olly. He always worried that his relationship would struggle because he'd always put his career first."



The pair are well known for their on-screen flirting

Supporting this, in April, Olly, 31, said of settling down, "You have to be in the right frame of mind for it all. For me, it's still a long way off because of my career... At the moment everything's great between us."

While we're sure the split has been devastating for Francesca, Simon Cowell, 56, may be secretly pleased his co-hosts are now both single. He recently revealed he hired the pair because they work so well together on screen, saying, "Olly and Caroline have great chemistry. I think he fancies her, or maybe the other way round."

Now Olly is back on the market, only time will tell, Simon!

OLIVIA ADAMS

## CAZZA DOES... MRS SLOCOMBE!

Fans of camp 70s sitcom *Are You Being Served?* did a double take last week when Caroline attended the Pride Of Britain bash with a purple barnet – just like the show's Mrs Slocombe!

The comedy character, played by Mollie Sugden, was famous for her catchphrase "my pussy" – a reference to her beloved moggie Tiddles. No giggling at the back, children!



Caroline bore an uncanny resemblance to TV's Mrs Slocombe





# Has the Strictly curse already hit Georgia?

Georgia May Foote and her boyfriend are said to be rowing over her sexy routines with her hunky dance partner



Georgia and Sean put on a PDA the day after her saucy jive

IT USUALLY TAKES A FEW WEEKS FOR THINGS TO WARM UP between the *Strictly* celebrities and their professional dance partners.

But former *Coronation Street* beauty Georgia May Foote, 24, and her Italian stallion partner, Giovanni Pernice, clearly don't have any trouble with chemistry and kicked off the live shows with a hot routine.

Their jive, which included a kiss and a cheeky lift of Georgia's skirt, was watched by the actress' boyfriend Sean Ward, who was in the audience – and it left him fuming.

It also probably didn't help that they danced to Meghan Trainor's *Dear Future Husband*! Oh dear...

"Sean was not happy. Everyone keeps talking about the *Strictly* curse and it's made him really uncomfortable," an insider said.



The Italian hunk kissed Georgia...



...and then cheekily lifted her skirt!

"It's been hard for Sean as Georgia has been spending so much time rehearsing. She's reassured him he has nothing to worry about and they had a romantic day afterwards."

The saucy routine didn't go unnoticed by fans. "You could tell from his stony expression on Saturday night he doesn't trust her Italian dance partner one bit," one said, while another added, "Looks like he is worried about the *Strictly* curse!"

As Georgia and Sean, 27, left a London hotel last week, he planted a kiss on her forehead – but that hasn't stopped him keeping an eye on his girlfriend in rehearsals.

He said last week, "I'm proud of her, they're going to change the game next week. I've seen it and what they're doing this weekend is absolutely beautiful.



Sean didn't look impressed

Top of the leaderboard." He also confidently said the dreaded curse won't ruin their relationship.

"I think that curse of *Strictly* rubbish happens with sport personalities. I'm not saying that but, you know, as actors we're used to it."

And we're sure Sean will be happy to hear Georgia isn't Giovanni's type anyway. "I prefer blonde girls with blue eyes," the dancer revealed.

Georgia also denied claims her relationship will hit the skids as a result of the show. Speaking to **new!** at the Pride Of Britain Awards last Monday, she told us Sean was The One. "Definitely – one hundred per cent. I think he's amazing," she added.

Earlier this month, Sean's *Corrie* character Callum Logan was killed off in the live episode, which left him "gutted". It meant he couldn't audition for other parts in case news of another acting role spoiled the *Corrie* storyline for viewers.

It looks like he will be spending his free time at rehearsals, then!

KARMELO DOUGHTY

## GEORGIA: 'I'M CONSTANTLY EATING!'

Burning off hundreds of calories every day during *Strictly* rehearsals is as good an excuse as any to gorge on carb-heavy dishes – and that's exactly what Georgia has been doing!

Chatting to us at last week's Pride Of Britain Awards, she told us, "I've never eaten so much in my life! I went to my mum's and had three

bowls of pasta the other day and I was still hungry. You just don't stop, so you need to constantly eat. At the moment it's things like chocolate and pasta – all the things I know I can eat cause I'm dancing so much. It's not very healthy!"

Despite her junk food diet, Georgia told us she has noticed a "good" change to her body. "It's getting a bit more toned up. When you're dancing for ten hours a day it's going to happen – but it's good," she said.



She says she's getting toned up



Georgia in 2011



# 'Strictly's terrifying and brilliant!'

Jay McGuinness and Anita Rani open up to **new!** about taking to the famous dance floor...

**W**hen **new!** catches up with *Strictly* stars Jay McGuinness and Anita Rani at the star-studded Pride Of Britain Awards last Monday, the pair can barely contain their excitement having made it through their first dances with flying colours.

Jay, who was in boyband The Wanted, and his pro partner Aliona Vilani received a pile of praise and a score of 27 for their cha-cha, while Anita, 37, and Gleb Savchenko gave their performance plenty of welly and equalled Jay's score.

But there's no rivalry between the pair, and Anita can't stop praising the 25 year old. "Jay smashed the cha-cha out of the water," she gushes.

And, it seems the *One Show* star, 37, isn't alone in being besotted. Aliona is barely able to drag herself away from Jay's side on the red carpet and keeps her hand firmly clamped in his!

While we keep our eyes and ears on what could be another *Strictly* romance, Jay and Anita dish some backstage gossip...

## INTERVIEW Karmel Doughty

**How did you feel after the first show?**

**Anita:** It was amazing. It was the most terrifying, brilliant experience.

**Jay:** It was a mixture of terrifying and brilliant.

**Peter Andre is the favourite to win. What are you doing to sabotage him?**

**A:** This series is a really loving year.

**J:** We're all peace and love, rubbing each other's backs and telling each other we'll get through it.

**Do you hang out together afterwards?**

**A:** Yeah, we're genuinely like one big love-in behind the scenes.

**J:** We've got a group chat, so we all tell each other how our weeks are going.

**Have your diets changed since starting the show?**

**A:** I've been eating twice as much as I normally do. We're working very hard.

**How many hours' training are you doing a week?**

**J:** I did four or five today but normally I train from 10am to 4pm and sometimes until 6pm.

**Jay, will we see lots of different hairstyles?**

**J:** Yes, keep your eyes peeled!

**A:** He's got great hair. The *Strictly* hair team love getting their hands on Jay. It's a beautiful mane.

**J:** Their eyes light up every week!



Jay and Aliona dance the cha-cha



Anita and Gleb give it some welly



PHOTOS: Empics Entertainment

# 'Good chemistry is a recipe for success'

Pro dancer Natalie Lowe talks to **new!** about the show's romance rumours...

**T**hey have four days to learn a routine and train for five hours a day, so we're grateful *Strictly* pro Natalie Lowe, 35, can squeeze us into her busy training schedule with TV chef Ainsley Harriott, 58. The Australian dance champ, who's been on the hit BBC show for seven years, gushes about her new partner, and discusses why she's always given a contestant with zero dance experience...

**How's Ainsley taking to training?**

We're doing the maximum amount we can do. He's never late. He's very

## INTERVIEW Olivia Adams

hard working and he wants to do well. You're going out in front of millions of people on a Saturday night, you don't want to not give it your all!

**Has Ainsley offered to cook you anything?**

I'm waiting for him to bring in some brownies one morning, but we're so busy, the last thing I'd expect Ainsley to want to do is cook me something! [laughs]

**Do you prefer training amateurs or people with dance experience?**

It's bizarre because I've never had anyone that's been experienced in dance – they

tend to give me the people to build up from scratch! I think I've got a nurturing nature, so it's less intimidating.

**Peter Andre is tipped to win. Is there anyone else you rate?**

It's anyone's game this year. I just want to get Ainsley out

there, to be entertaining and to do exactly what *Strictly* is all about – giving it a go.

**There are rumours of chemistry between Jay McGuinness and Aliona Vilani, and Georgia May Foote and Giovanni Pernice. Have you noticed anything?**

I don't see them with our busy schedules. I think it's lovely though. It's nice you can be in a room for eight hours a day with someone and not hate their guts! Good chemistry is a recipe for success on the show.



Natalie with partner Ainsley

*Strictly Come Dancing is on Saturday and Sunday nights on BBC One*





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Email me at [peter.andre@express.co.uk](mailto:peter.andre@express.co.uk)

Every  
week!

# Strictly Pete

Our columnist tells us about his quickstep stress and his baby hopes for next year...

## SHOULDERS BACK!



Janette and I performed the quickstep at the weekend. It's so technical and I found it quite hard, as your posture has to be bang on and you have to be in a certain stance the whole time. But I absolutely loved the challenge. The cha-cha is very sexy and is more about performance, whereas the quickstep concentrates more on technicality and elegance. I think I'm stronger in Latin than I am in ballroom, so providing I stay in the competition, there are going to be weeks where I'll find it more difficult than others. Hopefully, the public will keep me in as long as possible because I'd love to try the salsa.

Speaking of *Strictly*, it was so nice of Tess and Claudia to tell Alan Carr that I'm apparently a dedicated celeb and always turn up early for training! Janette and I joke that we must be related as we both need our sleep and coffee, and neither of us is good at turning up on time. If I do get to rehearsals before her, it's only by a minute or two. Ems and the kids are due to come down soon if I'm still in the competition. Junior and Bista commented on my high-waisted trousers from the first live show, so I told them Simon Cowell has clearly been a fan of *Strictly* for years as that's where he gets his fashion sense from!



## CONGRATS TO OUR HEROES

Emily and I had a great night at the Pride Of Britain Awards last week. It's my favourite red carpet event of the year because the whole night acknowledges heroic everyday men, women and children.

The organisers laid on a delicious dinner, but I didn't get to eat any of it because I was too busy talking to people around the room. We didn't get home until about 12.30am, so I raided the fridge before bed. Janette was at the awards too and kept

her eye on me all night to make sure I was going to be ready for our early morning rehearsal – which I'm pleased to say I was!

A comment on a website said I looked "smug" with Emily next to me on the red carpet. It made me laugh. I just know how beautiful she is! Between working at the hospital and looking after Mills, she doesn't often get the chance to go to events. So when I see her looking as amazing as she did on the night, I just go, "Wow!" She's stunning.

## JIM'S TRAGIC LOSS

I was sad to hear about Jim Carrey's ex-girlfriend Cathriona White's suspected suicide. She was found dead in her Los Angeles home from an alleged overdose just days after they'd split. Her last Twitter post just a few days before was particularly alarming, as it read, "Signing off Twitter, I hope I have been a light to my nearest and dearest."

We really need to pay attention to people suffering from any kind of mental health issue. Cathriona was clearly crying out for help when she wrote that tweet and, although no one would have expected this, her friends, family and Jim were too late to save her. My thoughts are with them.

MY VIEW  
ON THE  
NEWS



## EXPANDING THE FAMILY

In a recent interview, I admitted I'd love to have two more children. Ems and I were saying it would be really nice to have another by the end of next year. Then, if we were to have another baby after that, I'd like them to be close in age because I've always said I don't want to be 50 and still changing nappies – not that there's anything wrong with it!

One of the reasons we want to sell our house is that our family is gradually getting bigger. I'd love a place with enough land for a tree house for the kids and also enough space for Junior to have a football pitch. I want the kids to have a real outdoor life.



## BUSY, BUSY, BUSY!

I'm very grateful that there have been loads of great offers coming in recently. We've discussed some incredible TV ideas, and some have already been filmed.

I have also recently brought out a range of Mediterranean sauces called Opa Opa, which are currently available in Iceland. The sauces are great for barbecues, marinades and pasta dishes.

And I have some music news, too. I can tell you all that I'll be announcing my own tour very soon, and my new album will be released on October 16. The next 12 months are going to be very exciting and busy – and I'm buzzin'!



PHOTOS: Pete in the Facebook "Best of Britain" Photo Lounge at the Pride Of Britain Awards. For further images visit [Facebook.com/prideofbritain](http://Facebook.com/prideofbritain)  
OTHER PHOTOS: FameLynet.uk.com, Wem.com



# 'We're too busy for babies!'

As their careers take off, these celeb ladies are putting their jobs before having kids. But their men have other ideas...



Michelle is getting lots of acting roles...



...while Mark would like to start a family

## Has Michelle dashed Mark's daddy dreams?

**MICHELLE KEEGAN HAS GIVEN HER BIGGEST HINT YET THAT HER WORK COMES BEFORE KIDS**, in a move that's sure to devastate her broody hubby Mark Wright.

Last week, the actress – who recently returned from Bulgaria where she was filming a new comedy series before she gets her teeth stuck into a starring role in BBC drama *Our Girl* – shared a shot of a woman behind the wheel of a car, with the words, "I'm just a girl who decided to go for it #bossbabe." She captioned it, "Never look back and think what if... Never lose that drive!"

The words strongly indicate that Michelle, who was abroad without Mark, is keen to keep pushing ahead with her career, which has gone from strength to strength since she quit *Coronation Street* in May 2014.

But while she's been busy lining up roles, including a part in the film *Strangeways Here We Come*, Mark, who she married in May, has been lying low, focusing on his Heart radio slot and new CBBC show *The Dengineers*. And tellingly, the former *TOWIE* star, 28, is the one who's been waxing lyrical about babies while Michelle's stayed largely silent.

Following their wedding, Mark told us he wanted to "go on to the next step and have babies and start a family". He also revealed in August that he's hoping for a boy and a girl. Even his sister Jess Wright waded in, telling

**new!** recently, "I can't wait for Michelle and Mark to have kids."

But before tying the knot, Michelle insisted, "We're not planning anything yet." Eek!

But Mark can console himself with some good news. Although baby-making may be on hold for now, the spin-off show he presents, *Take Me Out: The Gossip*, has

been recommissioned for a new series in the new year, which will hopefully keep him occupied as Michelle continues to pursue her dreams. Well, it's only fair, Mark!

SARAH MORTON



The couple married in May

## Emily's panic as Pete says he wants more kids

**THINGS ARE HEATING UP ON THE STRICTLY DANCE FLOOR FOR FAVOURITE PETER ANDRE**, but our columnist has more than just ballroom on the brain. The dad of three revealed last week that he's "ready for one



Dan and Jac  
with Ella  
and Teddy



## Jac under pressure over Dan's baby demands

**SHE RECENTLY MADE HER LONG-AWAITED – IF BRIEF – RETURN TO *EASTENDERS*,** but

if Jacqueline Jossa had any plans to return to the soap full-time, her fiancé Dan Osborne has other ideas.

The shamed ex-*TOWIE* star, who has a seven-month-old daughter, Ella, with Jac, 22, made it very clear that his priorities were sprogs before soaps when he said last week, "If Jacqui fell pregnant I'd be happy."

But with her TV return winning rave reviews, Jac clearly thinks differently. Not only did she admit she'd "never say never" about a full-time return to the soap following her maternity leave, she also said she was "scared" of having another baby after a difficult labour with little Ella.

"I would [want another baby] too but I'd be so scared again because I have the memories of the birth," she confessed.

The young actress, who got engaged to 24-year-old Dan in June, is certainly in no rush to start trying. When asked if she'd have another baby after their wedding, which is scheduled for next year, she said, "Definitely not before! Dan would have one now!"

Jacqueline previously revealed, "I definitely want to go back to



Dan would like to expand his brood

*EastEnders*. I love my job, so I'm lucky. It must be harder for people who don't like their job... I'm lucky to like what I do."

She added, "I'm not sure how many children I'd realistically like. I would like more, but I think we'll take them one at a time!"

Let's hope Dan, who also has a 21-month-old son, Teddy, from his rocky relationship with his ex Megan Tomlin, doesn't mind waiting!

or two more babies" with new bride Emily MacDonagh – but his admission is set to cause tension between the couple, considering qualified doctor Ems is keen to crack on with her medical career before she commits to any more children.

Just a few months ago, Emily insisted she wanted to concentrate on her job and not have another child until at least

next summer. The 26 year old, who has a 21-month-old daughter, Amelia, with Pete, said, "My career is important to me and it's taken me a long time to get here but I'm still only young."

She continued, "I don't want to work for years before I have another baby but I want to get working and get in the system. The way it works with my job is that you progress each year and it runs from August to August. So ideally, I would time it so that we have our next child around August."

However, Pete, 42, said at the same time he was keen to start trying "straight away". And he recently hinted yet again that he was hoping to

get going sooner rather than later. He said, "Now I've had Amelia, I've told Emily I'm ready for one or two more."

She may be feeling the pressure to add to their brood, but one thing Emily won't have to worry about while she's busy at work is the dreaded *Strictly* curse. Last week she insisted, "I trust Pete completely. Maybe I'll be proved wrong, but that's how I feel."

Er, we doubt you'll be proved wrong, Emily!



Pete and Emily dote on their daughter Amelia



Emily says she wants to focus on her career before having more children with Pete



# I've kicked Brad but we're still tog

Amy Childs tells **new!** how she's doing following her boyfriend's

## INTERVIEW Zara Zubeidi

**T**his should be one of the proudest times in Amy Childs' life. Her first book, *100% Me*, hits the shops this week and her career is going from strength to strength. But instead, the former *TOWIE* star has been left stressed and anxious after finding out that her boyfriend, Bradley Wright, sex texted another woman.

Last week, ground worker Brad, 25, told **new!** the messages sent to Marie Asemota were just "a laugh", adding, "I'm not a cheater and deep down Amy knows that." But when **new!** meets up with Amy to discuss the incident, it's clear it's going to take some time for Brad to get back into her good books, even if she does believe that he wasn't unfaithful.

Amy, 25, has thrown Brad out of her house and spent days in tears. She's also vented her anger on Instagram, posting a message which read, "'Normal' people don't go around destroying other human beings," possibly a dig at Marie, who claimed Brad used her as a "cheap thrill".

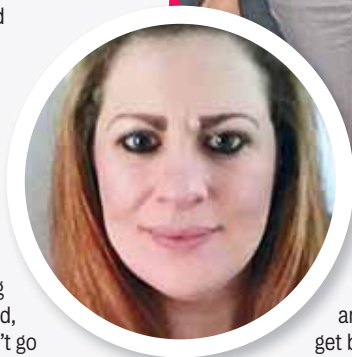
During our chat, it's obvious Amy is upset – the words flood from her, as if she's still trying to make sense of it all. Here, the emotional star does her best to put on a brave face and tells **new!** what the future holds...

### How are you, Amy?

At first I was angry but now I just feel emotionally drained. I haven't been eating and my belly has been aching from all the anxiety. The



Amy says Marie (inset) doesn't want her and Brad to be together



other night I woke up at half one and couldn't get back to sleep until half five. I just feel so stressed. I've been crying for the past four days but I need to keep focused. I've got my businesses to run.

### You seemed so happy with Brad...

I really was happy with him. But now he's disrespected me. It's so hard.

### How did you find out about what Brad had done?

I was in Manchester on the Saturday [before the story came out] and Brad texted me saying he needed to talk. He didn't sound edgy but a bit stressed out. He told me everything.

He said a girl had contacted him, everything that had been said and that she kept ringing him and telling him dirty stuff. He said there was nothing in it. I knew for a fact there was nothing in it because I've heard everything. I had

to go through the recordings – how awful for me to go through all of them. It's disgusting but I know Brad and the Brad on those voice messages was not how Brad is with me. That was him being stupid. But I'm so shocked he would play into this woman's hands. He

told me the pictures he was getting of her were literally disgusting.

### Did you break up?

I don't really know how I feel at the moment but I've kicked him out, all his stuff has gone. He's living back at his mum and dad's. He needs to realise what he's got, so I'm punishing him. He needs to learn that his behaviour is disgusting!

### Do you think Brad did cheat?

I know for a fact he hasn't cheated on me. If I thought he had he'd be long gone. I'm a strong woman – I'm very happy in myself and was single for a long time before I met Brad. But he's properly disrespected me and I feel embarrassed. Some of the stuff he said to that woman was disgusting. He took it way too far and now everyone thinks he's this love rat.

### He claimed a woman was paying him £200 for sex...

I know he hasn't done that because he's with me all the time. When I'm away he calls me a million times a day.

### Is he trying to make it up to you?

Massively, he wants to take me for dinner, go away... But when he comes round I don't even want to look at him or be near him, the way I feel at the moment. I won't even let him hug or kiss me. I'm being very cold at the minute.

### How is he taking it?

He's a state. He's lost a load of weight. When the news broke on the Sunday morning he literally sobbed. He said I couldn't break up with him, not after everything I've done for him and how much I love his little girl, Lexie.

### Why do you think he did what he did?

He said it was just lads' banter. He pretended he was a different person the whole time, he thought he was Hugh Hefner or something, I swear! He pretended he had a girlfriend who worked in Canary Wharf!



'I just don't understand... Brad has me. I'm not the worst looking bird'



# out- ether

## sex-text scandal...

**Do you think he would have told you about the texts eventually?**

I don't know. There's always going to be a bit of banter guys hide from girls. But he can't be doing stuff like that.

**How have your friends and family reacted?**

They feel let down. My mum was especially upset when she found out about the photo he took at my house. My cousin Harry was really upset for me too.

**Can you ever trust Brad again?**

I wouldn't trust him at the minute if he was on a night out. Every time he's on the phone I'm wondering who he's speaking to. He has to make it up to me. He isn't going to get away with it. He has to deal with me asking who he's talking to every five minutes.

**How do you feel towards Marie, the woman he was sex texting?**

She knew what she was doing, she's out to get us. She doesn't want us to be together. I've had to block her on everything. I just don't understand... Brad has me. I'm not the worst looking bird, do you know what I mean?!

**Despite what's happened, can you still see yourself settling down with Brad?**

I don't know. Sometimes I wake up and just remember he hasn't actually done anything with this woman. But he's just been so stupid.

**You've mentioned in the past that you'd love to have kids...**

I've always wanted to be a young mum. We've talked about it but you can't plan these things.

**Were you shocked when you heard Sam Faiers' baby news?**

Not at all. She loves baby Nelly so much and she's so close to her sister Billie. I know when my brother has his baby I'm going to be the auntie that spoils him all the time!

**In your book you go into detail about your cosmetic surgery...**

It was just awful, I remember my mum saying I looked like a freak. I'd look in the mirror and think I looked beautiful but I looked horrendous. It's mental how being in the public eye can change you. You start

getting loads of free treatments and you get caught up in it.

**You must be getting sick of the constant focus on your lips...**

It's gone on for so long. I've always had big lips, even before I had them done. In that gym picture recently I used a gloss which makes your lips tingle, and before I knew it I had had really bad lip fillers. It's not the case.

**You also talk about your ex, Kirk Norcross. Have you congratulated him on his baby news?**

I haven't because I don't have his number. I'm so happy for

him, though.

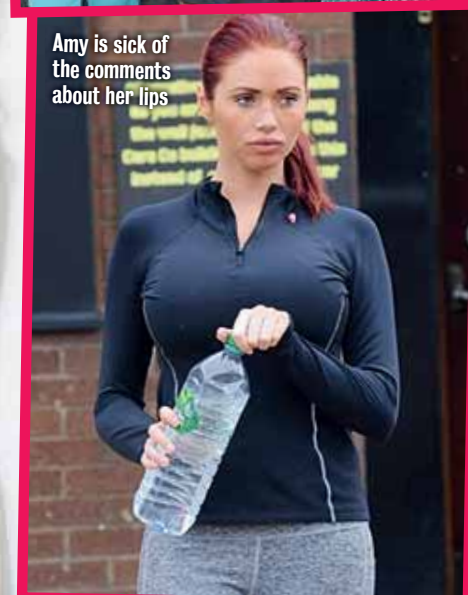
He'll be an amazing dad.

**He didn't come across too well on *Ex On The Beach*...**

He's such a sensitive boy. I've seen Kirk flip out, I'm not going to lie, but he's not like that really. He just gets a bit angry. With ADHD you can get angry and flip out and he's admitted that. The baby will calm him down.



**Amy is sick of the comments about her lips**



**'I've always had big lips, even before I had them done'**

**How does it feel to have your own book?**

I've been so lucky with everything I've been able to achieve – I've got an amazing clothing collection, my boutique, salon and I'm the face of some amazing brands, including Silk'n. I get excited about a lot of things but this is a big moment for me, it's emotional. I've always felt too young to bring out an autobiography, but this is an inspirational business book about how girls can do anything with dedication and hard work. I struggled at school and failed every GCSE, but my headmaster still said I was going to be successful. He followed me on Facebook the other day!

**You need to send him a copy! Definitely!**

**Amy Childs 100% Me (16.99, Blink Publishing) is out on October 8**





Kim, pictured last week, has been slated for her tight outfits

NOW

STORY of the WEEK

# Kim: 'I'm going to get skinny!'

The pregnant star is feeling down but vows to shape up in the new year...

**SHE'S FACED MARRIAGE CRISIS RUMOURS, JEALOUS EXES AND FAMILY FEUDS DURING HER SECOND PREGNANCY,** but Kim

Kardashian's toughest challenge is still to come.

The 34 year old, whose second child is rumoured to be due on Christmas Day, is already thinking about her mission to get her pre-baby body back after the birth.

Kim recently revealed she has gained more weight during her second pregnancy than when she carried North in 2013, and told fans last week she couldn't wait to start slimming down in the new year.

In a video posted on her app last Thursday, she said, "Right now my face and hands are swollen.

I'm shocked my ring fits. I'm passed the point of no return. I'm actually heavier this time – the scales say I am. It's OK, it's OK. We all know what my bounce back game is like so I'm not worried, not bothered. I'm going to get so skinny and then do the short hair."

Kim gained 55lbs while she was pregnant with North and had put on 20lbs by 20 weeks into her second pregnancy, which is just above average.

She said, "I actually am a few pounds heavier this pregnancy than my last, yet somehow I look so different. Maybe it's because you carry a boy differently than a girl. Maybe it's because I don't have the swelling that I had last time when I had preeclampsia, or maybe it's because I am confident in my style and know what to expect."





THEN

Kim looked trim back in March 2014



In March this year, Kim was often at the gym

However, Kim's positive outlook didn't stop cruel trolls commenting online about her weight and style. As she stepped out in Beverly Hills last week wearing a tight pale pink dress, one sniped, "Doesn't she

have any mirrors in her house? What on earth makes her think that wearing a skin tight dress in her condition is remotely attractive???? GO AWAY."\*\* Another added, "God, this woman reminds me of a slug."

After successfully shifting her weight the first time around through hard sessions at the gym and workouts with celebrity trainer Tracy Anderson, combined with the Atkins diet, Kim is quite the expert on how to beat the baby bulge.

At the time she revealed, "Losing this weight has not been easy, but I did it, and that's so rewarding. I was dedicated and motivated, and for me, that paid off."

And it will again, Kim – just enjoy this pregnancy first!

BENJY POTTER

Kim, here with sister Kylie, told fans her hands and face were swollen



Kylie looked older than her years in California last Tuesday

STORY of the WEEK

# Kylie warned: 'Don't become a Kim clone!'

The teen is told to stop dressing like her older sister...

**KYLIE JENNER HAS BEEN EMULATING BIG SISTER KIM KARDASHIAN'S LOOK FOR A WHILE**, but now fed-up fans have had enough of her copycat ways – and have urged her to stop morphing into her sibling.

Kylie, 18, raised eyebrows last week when she stepped out in an extremely tight-fitting brown suede dress for a lunch date with her boyfriend, rapper Tyga, 25. And while the teen had clearly taken inspiration from her style icon Kim, she was blasted for looking like her mini-me.

"She's beginning to look like a clone of Kim – not a good move!" one blogger said. Another added, "She's trying so hard to go down the same road as her sister Kim." A third complained, "Kylie used to

be a little edgy and fun in the way she dresses. Now, it seems that she dresses exactly like her sister Kim, which is not a good look for someone so young."

Since reaching adulthood in August, Kylie has been experimenting with her look more and more, ditching her jogging bottoms in favour of cleavage-baring tops and bandage dresses. But although fans aren't convinced by her more mature look, Kim couldn't be happier.

The pregnant mum-of-one revealed in June she loves the fact they share a similar dress sense, saying, "I love that. She is the best, you know? She's my little twin soul. She's such a free spirit, and I love that. She's the sweetest."

KARMEL DOUGHTY



STORY of the WEEK

# The secret te in the Beckh marriage **RE**

The fashion  
designer in  
New York last  
Monday

**They're still very much together, but pals have told *new!* Victoria and David have hit a rocky patch**

**THERE HAS BEEN ONGOING SPECULATION ABOUT THE STATE OF THE BECKHAMS' MARRIAGE** for weeks. And

while the couple are doing their best to put a brave face on the rumours, friends have told *new!* there are some underlying tensions in their relationship.

According to our insider, the couple have been spending increasing amounts of time apart, mainly because they no longer share the same groups of friends.

Last week, David attended best pal Dave Gardner and Liv Tyler's engagement celebration without his wife, who was hobnobbing with fashion types in New York. He then attempted to pour cold water over the rumours they were under strain by uploading a picture of himself on Instagram with Dave and PR pal Simon Oliveira, with the caption containing a gushing message to Posh. He wrote, "Can't wait to get home to see my beautiful wife and

unbelievable children..." But sources say tensions are still running high.

Our insider said, "David has been doing his best to get on with Victoria's fashion pals and he makes a decent fist of it, but he just doesn't enjoy being with them. He can handle the Hollywood stars very well because, like him, they are dealing with huge fame. But his real friends are Brits from a similar background. That's why he leans on Dave so much."

The insider added that while all marriages go through ups and downs, socialising separately has put a strain on the couple.

"It's leading to tension between them," the source said. "The biggest issue is that they just aren't spending enough time together. There is a fundamental disagreement at the heart of it."

"David regards schmoozing to be his job and he wants their home life to be pretty much separate from that. But Victoria regards the atmosphere of her working circles to be her personal life. She doesn't see a separation and wants to live that life 24/7. She can't understand why David would have an issue with that, but he does. This is nowhere near becoming a crisis, but it is the typical ebb and flow of any marriage – only on a much larger scale."

Last week, it was claimed the couple have had a series of "explosive rows" and clashed because Victoria was "stressed and tired".

David, 40, also admitted the pair have a difference of opinion when it comes to their children, Brooklyn, 16, Romeo, 13, Cruz, ten, and four-year-old Harper. The

**Becks admits they have had disagreements about their children**





# nsions am

## VEALED



David appeared to be playing gooseberry at Liv and Dave's bash



David attended last Monday's Pride Of Britain Awards alone

former footballer, who has "about 37 tattoos" said last week, "Already Brooklyn is like 'OK, my first one is going to be here.' Mum definitely steps in. She's like, 'Don't be silly.'"

They have also locked horns over Harper's hair, with David saying, "About a year ago, my wife said, 'Maybe we should cut Harper's hair.' I was like, 'No! We need to grow it. Do. Not. Touch.'"

Claims of marital trouble went up a notch last week when David attended the Pride Of Britain Awards at London's Grosvenor House hotel without Victoria, 41, who attended a fashion charity event in New York.

Days earlier, while they were both still in New York, they each gave separate speeches at the UN headquarters, with David taking to the podium on Thursday, September 24, and Victoria on Sunday, September 27.

And Victoria's absence from Dave and Liv's party left fans wondering if it was a deliberate snub, particularly after previous rumours had abounded that Victoria was unhappy with David's

friendship with fellow Brits Jason Statham and his girlfriend Rosie Huntington-Whiteley, and that she would prefer to hang out with their trusted pals, celebrity chef Gordon Ramsay and his wife Tana.

The first sign that all was not rosy between the couple was back in July, when David attended Guy Ritchie's UK wedding alone.

He later headed to Los Angeles, but within minutes of his plane landing at LAX, Victoria hopped on a flight to London

for business, making no attempt to have even

a brief rendezvous.

It's perhaps unsurprising that their continuing conflicting commitments have raised suspicions about the state of their marriage. But our source reassured us, "They are a million miles away from a split."

We're keeping our fingers crossed they manage to synchronise their diaries ASAP!

KATE NOBLE



He gushed about Posh alongside this Instagram pic

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# Stephen: 'If Vicky forgives me, I'll propose!'

Vicky Pattison's boyfriend Stephen Bear begs for forgiveness amid claims he's "cheated"

**VICKY PATTISON ISN'T ONE TO HOLD BACK – THAT'S WHY** we hired her as our feisty columnist. But even we were shocked by her explosive tirade last week following an episode of *Ex On The Beach*.

After watching her man Stephen Bear get cosy with bikini babe Ali Drew on the show, she let rip on Twitter, branding them both "tramps".

And when we caught up with 27-year-old Vicky days later, she was questioning her future with Bear. She told us, "I am so embarrassed and so annoyed and so f\*\*\*ing over it."

But Bear seems confident they will kiss and make up – and told us if they are still together in December, he will propose. Whoa!

The cheeky chappy revealed, "I told Vicky if we're together by Christmas I'll propose. I love her to pieces. I didn't want to be tied down at 21, but now I'm with someone I want to be committed to. Everyone is saying I'm a cheater, I hate it. In six months I haven't even looked at another bird."

"I'm not going to lie. We've had murders. Every Tuesday we break up, every Wednesday we're still not talking and by Thursday we are back on."

Vicky's week from hell kicked off when she watched Bear and Ali enjoy a sexy date making body casts of each other. Bear, 25, was seen licking Ali's breasts – something Vicky only found out about when she saw it all unfold on screen last Tuesday.

Taking to Twitter, she fumed, "Let me guess ali and bear acting like utter f\*\*\*ing sly c\*\*\*s Eh?! I give up mate... #eatabagofdi\*\*s." Her

EOTB co-star Megan McKenna then

Bear and Ali got carried away on EOTB

Vicky threw a drink over Bear

waded in, writing, "Some people. That's all I'm saying," alongside a snake emoji. Vicky replied, "I f\*\*\*ing hate the pair of them... #tramps."

It hasn't been an easy road for Vicky and Bear. In August, she was hurt after X-rated images of Bear went viral, telling us, "I was heartbroken."

The pair have also been hit by rumours of arguments. Last month it was claimed they had a "vicious row" at a hotel, but Vicky played it down, saying, "It wasn't vicious at all. We just had a drunken row." And last week Vicky admitted to **new!** she was growing fed up with her man's behaviour. Referring to a quote that read, "It's

Vicky says it's over between her and Bear

not always just the heart. Sometimes your mind breaks as well," she said, "I posted this quote on Instagram as I'm sick to death of Stephen's behaviour on *Ex On The Beach*." We wonder what Vicky will make of Bear's plans to propose!

BENJY POTTER

## IS RICKY STILL BARMY FOR MARNIE?

They called off their engagement a few weeks ago and have since been embroiled in a war of words, but things could be back on between Ricky Rayment and Marnie Simpson if this snap is anything to go by.

The reality stars turned out for artist Filippo Locco's PINK London 2015 fundraiser at the Playboy Club in London last Tuesday.

Dressed in a smart blue blazer and jeans, former *TOWIE* star Ricky, 25, supported Marnie, 23, who looked slightly worse for wear in a peach number and black strappy heels. At one point, she wrapped her arms around him and closed her eyes as Ricky leaned in for a hug.

But the *Geordie Shore* beauty played down a reunion, telling us

later, "I want to stay away from boys for the time being."

Marnie recently told **new!** Ricky was verbally abusive during their nine-month relationship, calling her a slag "5,000 times".

Meanwhile, Ricky's pals recently told us he dumped Marnie after he found out she snogged two of her exes – Dan Sloane and Aaron Chalmers.

The pair were spotted hugging each other last week



# What's new!

Your weekly celebrity news round-up



**Donna Air**, 36, and **Kate Middleton's** younger brother **James**, 28, have rubbished split rumours. In a joint statement, they said, "Happily, we can report that our relationship is not over. We are still very much a couple and have not parted ways."

The actor is "shocked" by the death of his on-off girlfriend Cathriona



## JIM SAYS TRAGIC EX WAS 'TOO SENSITIVE FOR THIS SOIL'

Hollywood star **Jim Carrey** issued an emotional statement last week following the apparent suicide of his on-off girlfriend, **Cathriona White**.

The actor, 53, said, "I am shocked and deeply saddened by the passing of my sweet Cathriona. She was a truly kind and delicate Irish flower, too sensitive for this soil, to whom loving and being loved was all that sparkled."

He added, "My heart goes out to her family and friends. We have all been hit with a lightning bolt."

Los Angeles police discovered the make-up artist's body on September 28, just days after she allegedly broke up with the *Dumb And Dumber* star.

It's since been revealed she was a Scientologist and was believed to have been involved in a "survival" course before her death.

Her last tweet on September 25 read, "Signing off Twitter, I hope I have been a light to my nearest and dearest."

■ If you feel like you need to talk to someone, call The Samaritans on 116123

## Ben 'cuts ties' with nanny

**Ben Affleck**, 43, has put an end to his fling with his children's former nanny, **Christine Ouzounian**, following his split from **Jennifer Garner**, also 43.

"He cut ties with her recently. He told Christine he couldn't handle another relationship when things were still so painful and raw between him and Jen. He had fun with her, but it wasn't love," said a pal.

But sources claim Christine – who is rumoured to be starring in *I'm A Celebrity... Get Me Out Of Here!* next month – hasn't taken the split well.

They said, "Christine is upset and says Ben should be worried. In her mind, this is far from over."

Christine is upset over the split



Ben couldn't handle another relationship



Coleen denies walking around naked at home

**Coleen Nolan**, 50, has assured *Loose Women* viewers she does not walk around naked at home, as daughter-in-law **Jesye Nelson** – who is engaged to her son **Jake Roche** – recently suggested.

She said, "I won't walk round the bedroom in the buff and certainly not in front of my son's fiancée. Jake will occasionally walk around in the buff because that's the way Jake is!"



# Voice UK coaches call a truce

The *Voice UK* judges **Paloma Faith** and **Boy George** have insisted they do like each other, despite having a bitter spat on set.

In the row – which resulted in Paloma breaking down in tears – Boy George, 54, slammed her as “bitchy” and “rude” after both coaches fought for the same singer.

As Paloma, 34, pretended to fall asleep while he was talking, Boy George said, “You’ve probably got PMT or something.” But he called a truce with the singer when he tweeted, “Love you @Palomafait it’s just ‘banter-mime!’” to which she replied, “Feeling is mutual baby!”

OK guys, we believe you... (oh no we don’t!)



The new coaches had a bitter row on set



## CBB Farrah and Janice cautioned for assault

*Celebrity Big Brother* stars **Farrah Abraham** and **Janice Dickinson** have been cautioned by the police for common assault after their outbursts on *BBBOTS* on September 22.

A police spokesperson told *new!*, “Officers from Hertfordshire constabulary interviewed four people on September 25 in connection to allegations of assault at Elstree Studios on the evening of September 22. As a result of investigations, two women, aged 24 and 60, have received a police caution for common assault. Enquiries in connection

with another assault allegation continue, therefore it would be inappropriate to comment further at this time.”

The show was pulled off air after Farrah allegedly threw a champagne glass at **Aisleyne Horgan-Wallace**, 36. Janice then reportedly chucked a chair, which resulted in panellist **Vicki Michelle**, 64, being rushed to hospital. Actress Vicki later said Janice was trying to protect her, and claimed the glass thrown by Farrah could have blinded her. As *new!* went to press, Janice and Farrah’s agents were not available for comment.

## Simon: ‘Grimmy’s job is safe’

**Simon Cowell** has defended *X Factor* co-judge **Nick Grimshaw**, saying his job is “100 per cent safe”, despite him being blamed for the show’s dire viewing figures.

“I think he’s doing good. Is he being sidelined for Louis Walsh? Forget it. He’s 100 per cent safe,” Simon revealed.

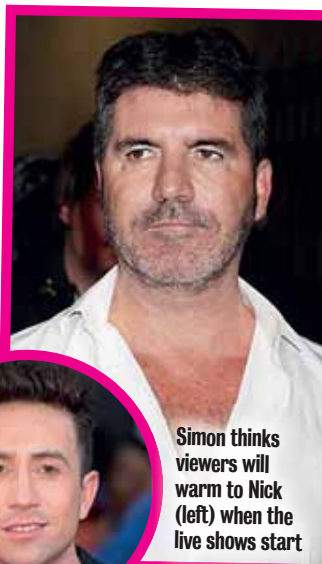
The 56 year old reckons the public will warm to the Radio 1 DJ when the live shows start. He said, “When you do the live shows, that’s when it really counts. He’s fun to work with and loves being on the show. It just takes a while for viewers to get used to new people.”

But Simon’s former sidekick **Louis**, 63, has put

the boot in, saying Nick, 31, should never have got the job in the first place. He said, “It’s a bad booking. He’s a nice enough guy but he’s like a groupie – you only ever see him with famous people.”

Meanwhile, the guests for the Judges’ Houses stage of the show have been revealed.

**Louis Tomlinson** will join Simon, **Jess Glynne** has been paired with **Cheryl Fernandez-Versini**, **Rita Ora** has been given **Meghan Trainor** and Nick has bagged himself **Mark Ronson**.



Simon thinks viewers will warm to Nick (left) when the live shows start



**Amanda Holden**, 44, has splashed out on a new £4million mansion in south-west London, complete with seven wardrobes! A source said the new pad is “perfect”.



**Sam Smith’s** *Writing’s On The Wall* was top of the charts last week, making the 23 year old the first artist to reach No.1 with a *James Bond* theme tune. Talk about silencing your critics!



**Katherine Jenkins**, 35, has welcomed a daughter, **Aaliyah Reign**, with husband **Andrew Levitas**. The singer told fans, “We are absolutely besotted with her.”

## GOOD WEEK

Who’s on the up and who’s going down

## BAD WEEK



**Robbie Williams**, 41, posted a touching online video tribute to his dog **Spencer**, who passed away aged 11 last week. It features Robbie singing **Frank Sinatra’s** *My Way* over footage of the dog. Aww...



**Chris Evans**, 49, is “not allowed” to film any more episodes of *TFI Friday* after the current series ends, due to his commitments on the BBC’s *Top Gear*. He’s replacing **Jeremy Clarkson** on the show.



Our fave *Gogglebox* couple, **Steph and Dom Parker**, were booted out of *The One Show* green room when they began guzzling all the free booze. The pair said a security guard asked them to leave!





# HOT OR NOT?



One Direction heart-throb Louis, 23, has given the biggest hint yet he is properly giving things a go with LA-based stylist Briana, also 23, who is pregnant with his first child – as she was spotted watching the boys' concert with Louis' family in London.

Rumours surfaced in July that the star, who had a brief relationship with Briana earlier this year, was to become the first 1D dad in January, and last month he confirmed it.

Good luck, guys!

**HOT?**

**Louis Tomlinson & Briana Jungwirth**



Could Corrie's Ryan be following in his former co-star Michelle Keegan's footsteps and finding love down south? The actor, 31, who has a daughter Scarlett, six, with his ex Tina O'Brien, was reportedly "excitedly" introduced to reality star Lauren, 32, at the Pride Of Britain after-party. A spokesperson for Ryan told us, "It was the first time they'd met – no romance is on the cards, though!"

**HOT?**

**Ryan Thomas & Lauren Pope**

**HOT**

**Danielle Armstrong & Josh Ritchie**

*Love Island's* Josh, 21, is romancing *TOWIE* star Danielle, 27, according to his mate from the show Max Morley – who is now dating Charlotte Crosby. Keep up!

In August, Dani denied she was hooking up with the hunky reality star after splitting from her boyfriend James Locke in June. But chatting to **new!** last week, Max said the pair had been on "numerous" dates after meeting at a London nightclub in July.

And although Dani's spokesperson said they are "just friends" and Josh told us they weren't exclusive, he said of James, "I've got no loyalties to him." Oo-er!

In other *TOWIE* news, things are also hotting up for Jess Wright, 30, and her co-star Pete Wicks, 26 – they shared a kiss in Marbs!

Olympic diver Tom, 21, is engaged to his film-maker beau Dustin, 41.

Tom, who won a bronze for Britain at the 2012 Olympic Games, first admitted he was dating a man via YouTube in December 2013. He said at the time, "My life changed massively when I met someone and they make me feel so happy, so safe, and everything just feels great and, well, that someone is a guy."

The couple, who have now been dating for two years and have a home in London, made the announcement in *The Times* newspaper.

Congrats!



**RED HOT**

**Tom Daley & Dustin Lance Black**



**HOT?**

**Kate Hudson & Nick Jonas**

Actress Kate, 36, has sparked dating rumours with singer Nick, 23, after they reportedly enjoyed a day out at Disney World before Kate watched Nick's show in the evening. The next day they were spotted having brunch together in Miami.

Nick ended his two-year relationship with model Olivia Culpo in June. Kate is believed to have been single since splitting from fiancé Matthew Bellamy in December 2014. They have a son together, three-year-old Bingham.

WORDS: Olivia Adams PHOTOS: Getty Images, Matrixpictures.co.uk, Rex/Shutterstock, Splash News, Xposure  
The photos of Danielle and Josh & Ryan and Lauren are mock-ups



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# Vicky

EVERY WEEK!

The outspoken star admits her love life has taken a turn for the worse...



## TRUE LOVE!

I've done loads of PAs recently because of Freshers week. I ended up going to one in Preston with Joey Essex and *Love Island*'s Cally Jane Beech, Luis Morrison, Jon Clark and Hannah Elizabeth. I've met Cally before and loved her, and it was so good to meet the rest of the *Love Island* crew! I brought my dad along and within five minutes he and Jon were chatting about the footie.  
Jon and Hannah

didn't mention anything about their wedding, but I can tell they're made for each other. I'm always dubious about relationships formed on reality TV – despite the fact I've had loads myself! – but they seem so genuine. They couldn't keep their hands off each other! I can't believe they didn't win. But they found each other – so they're the real winners.



## MAKE OR BREAK

I'm so embarrassed by Stephen's behaviour on last week's episode of *Ex On The Beach*. I had to watch him go on a date with Ali, then for no reason whatsoever he decided to lick her tit. We were together at that point! I haven't made any concrete decision about what's going to happen with us, but I'm so over it. If he wants to behave like that, fair enough, but he can find some other mug to put up with it. I'm not that girl.

He knows he's been out of order though, and he's trying to grovel. Last week he tweeted, "6 months and never cheated ... Never will." But I've almost reached my bullsh\*t limit and as far as I'm concerned the damage is already done. I'm really struggling, so the next week or so will be make or break. Now I've left the show I can see how he acted when I wasn't around. It's horrible to say, but after everything I've seen so far, I have my doubts!

PHOTOS: Max Mumby, Wenn.com



## GET YOUR KIT OFF, LADS!

A new event called *Geordie Show* launched in Newcastle last weekend, dubbed "a hen night during daylight hours". It will have some of the *Geordie Shore* boys stripping off!

Gaz Beadle has already appeared with the Dreamboys, so it doesn't surprise me the rest of the guys are going to try to make extra cash by getting their schlongs out! They're all exhibitionists, so I bet they were dying to do it.

I won't be going along, but I might send them a box of elastic bands. My stripper friend told me if you put one round the base of your willy it makes it look bigger! Who knew?!



## Hazza vs Wills

The pictures of Prince Harry and Prince William at the England v Wales rugby game were hilarious! Harry couldn't have looked more pissed off at England's loss, while Wills was clearly thrilled Wales won. I'm still undecided on which Prince I like best, though. I think most women want a bit of both!

I think Harry would be hilarious and I'd like to travel with him around the world – get drunk in Ibiza, gamble in Las Vegas... And then in a couple of years I'd like to marry Prince William. Harry is my Mr Right Now and William is my Mr Right – in my dreams, obviously!

## The final word

Marnie Simpson launched a ridiculous Twitter tirade last week, calling me an old bag – all because I said my piece about her trying to get some press through my boyfriend Stephen. Danielle Armstrong told me Marnie asked Stephen to go to a cash point with her during the Jeans For Genes event last month, knowing there were paps outside.

She's insignificant and means nothing to me – so shushy now, you little tit! She's not the type of girl I want to be associated with. The only reason I keep talking about her is because she's so laughable. She provides me with huge entertainment with her pathetic behaviour. But it stops now.

Marnie @MarnieGShore - Sep 29  
Lies lies and more lies, you say you won't argue with me but yet talk about me weekly get a grip man you obsessed old bagggg!  
@vickyGShore



# I love Peter Andre!

Amanda Holden tells **new!** she supports the *X Factor*'s new panel but is excited about a certain someone on *Strictly*...



The star's a fan of our columnist, Pete

INTERVIEW **Olivia Adams**

**A**manda Holden is always up for a laugh, so when we're invited to have a chat with the *Britain's Got Talent* judge in London's Westfield shopping centre, we can't wait. Lunch, shopping and one of our fave celebs all in one place? Yes, please!

We all know she's close pals with *X Factor* boss Simon Cowell, so it's little surprise that Amanda, 44, leaps to his defence when we ask if he's feeling stressed about the show's ratings slump. She adds that she's not watched rival show *Strictly* yet, but loves that **new!** columnist Peter Andre is on it!

Amanda, who's married to Chris Hughes and mum to daughters Lexi, nine, and Hollie, three, also discusses returning to *BGT*, her friendship with the other judges – Alesha Dixon, David Walliams and Mr Cowell – and the guilt she feels being a working mum...



With daughters Hollie and Lexi



Amanda hangs out with Simon, Alesha and Lauren

**Hi Amanda! Have you been watching *The X Factor* and *Strictly*?**

I've seen *The X Factor*, I haven't seen *Strictly* yet.

**Will you watch it or do your loyalties lie with *The X Factor*?**

No, I will! I love Peter Andre.

**Speaking of which, do you think Simon regrets saying that if our Pete is what *The X Factor* is up against, then the show will be fine?**

Oh, Simon! I'm going to smack his bottom next time I see him.

**You saw Simon at the Pride Of Britain Awards – is he stressed by the ratings?**

I don't think he'll be stressed. It's just difficult because it's been going for such a long time.

**What do you make of the new panel?**

I love it. I think Nick Grimshaw is an asset to the show and I think Rita Ora is sex on legs. The changes on the show are good.

**You looked amazing at the Pride Of Britain Awards. Did you up your exercise regime ahead of it?**

No, the joke of that is I'd just come back from filming in France, where I had baked Camembert and wine nearly every day. I was fitted for the dress before I went and I don't know how I got into it!

**Are you excited about doing *Britain's Got Talent* again next year?**

I think so. Every year I think this will be the year we run out of talent, but we never do. I bloody love the show and I think it works.

**Do you get to spend much time with the judges away from filming?**

We've done dinner. Simon goes to ground while *The X Factor* is on. You have to book a slot if you want to see him. Alesha and I are always texting. David is more elusive. We see him, but only if Lauren Silverman has organised something.

**You said you were cutting back on work commitments to spend more time with your girls. Have you been able to do that?**

What I always do, and I know Myleene Klass, Tess Daly and Holly Willoughby do the same thing, is we all try and do a massive amount of work in a concentrated time. So there might be one week working, one week of being a full-time mum. I think it's a positive thing for

them to see Mummy working, but obviously I spend all day feeling guilty.

**What's your take on having fillers and Botox?** If you don't mind, I'm not going to talk about it because every time I do it makes headlines.

**Understood! You're launching new kids' game Pebli Town. Why did you want to be involved?**

I only let my children have games that are going to be of use to them. They don't have crap on their phones. The reason I love Pebli Town is they have no clue they're being educated when playing!

**Amanda was officially launching Pebli Town – a connected pre-school toy featuring a physical play board that directly interacts with a tablet to bring the toy to life. Purchase now from Toysalive.com**



# Kerry told: 'George isn't interested in you!'

As the star insists her marriage is stronger than ever, our expert disagrees...

**KERRY KATONA AND HER HUBBY GEORGE KAY STEPPED OUT AT THE NATIONAL REALITY TV AWARDS LAST WEEK**, putting on the PDAs in an attempt to prove their troubled marriage is on the up.

Kerry, 35, shocked onlookers – and George, it would seem – by grabbing his face and locking him into a passionate kiss, conveniently in front of hordes of paps. And just hours before they smooched, the Atomic Kitten singer told **new!**, “Everyone has their problems, but George and I are really happy.”

But behavioural expert Marisa Peer reckons the couple's actions prove all is not as rosy as Kerry would have us believe – and that while she's desperate to show people their marriage is better than ever, George is on a totally different page.

“This is very much a one-way relationship,” Marisa said. “For one thing, George's eyes are open while Kerry kisses him, which is a sure sign he's not really interested. There's a huge lack of passion there – in fact, he couldn't be less interested in Kerry if he tried.”

“He clearly wants to get away from her and she knows this, so she's trying to kiss him to death. She's camping it up so it looks like they're madly in love, but he can't fake his indifference. The body doesn't lie. You can't fake passion.”

In one photo, Kerry's leg is raised, which Marisa believes is her attempt to “look carefree, happy, girly and passionate”. But she added, “It's over the top. She wants people to think, ‘Look, I have a guy who's mad about me!’ But the opposite is true.”

Onlookers at the event couldn't believe what they were seeing when the couple left the awards, held at Porchester Hall in London last Wednesday.

One told **new!**, “George was holding Kerry's hand, but he really looked as if he wanted to get away and wasn't smiling at all. She was all over him – it was really awkward to watch.”



George kept his eyes open as Kerry kissed him, which is a sign he isn't interested



Kerry piled on the affection...



...but George looked keen to get away

The couple have been plagued by setbacks throughout their year-long marriage – including George being diagnosed with Bell's palsy, something Kerry told us had “left him devastated”. And in July, Kerry kicked her husband out, blaming his partying and failure to provide for their family. After only weeks apart, she took him back.

But despite their problems, it's obvious Kerry is keen to make her marriage work. Marisa concluded, “Kerry won't want another divorce, so of course she's trying. She just wants love and someone to stay with her. She needs to attract a different sort of guy, though.”

SARAH MORTON





# Guest list girls

**new!**'s Zara, Olivia and Karmel bring you all the gossip

## Tiff: 'I wouldn't want Steph to lose more weight'

**TALLIA STORM BOOK LAUNCH PARTY TAPE LONDON**

Tiffany said her ex Sam Thompson is "upset" about their split



Who knew the residents of Chelsea were such bookworms? We spotted several *MIC* cast members at this launch, including Tiff Watson and Nicola Hughes, who couldn't wait to have a gossip. Tiff said of Steph Pratt's slender frame following her split from Josh Shepherd, "With any break-up you lose weight, as you're stressed. I wouldn't want her to lose more."

Tiff's also single since splitting from Sam Thompson. She said, "He's upset and that makes me sad. I don't know if we'll get back together."

When asked if Nicola, who lives with boyfriend Alex Mytton, is worried he'll be led astray by Spencer Matthews, who allegedly cheated on last girlfriend Lauren Hutton, Tiff said, "It'll always be a worry. You'll always have doubt." She then said of Spencer, "I actually thought he'd changed. It must be horrible for Lauren."

## Casey: 'Bear needs to prove himself to Vicky'

**PINK LONDON 2015 PARTY IN AID OF PINK RIBBON FOUNDATION THE PLAYBOY CLUB, LONDON**

Casey said Vicky Pattison is "a pit bull"

Vicky Pattison and Stephen Bear have had a bad week. And who better to offer advice on the drama that followed this week's *Ex On The Beach* episode than Vicky's BFF Casey Batchelor.

When we caught up with her at the PINK London party, she said, "I like Stephen, he's done nothing wrong, but he needs to prove himself to Vicky. As long as she's happy, I'm happy."

We know the girls are very protective of each other, as Casey described Vicky as "a pit bull – so protective". These gals have got each other's backs!

## Ola: 'Iwan is struggling'

**NATIONAL REALITY TV AWARDS PORCHESTER HALL, LONDON**

Ola Jordan admitted her *Strictly* dance partner

Iwan Thomas is struggling to master his dance moves, when we caught up with her at the NRTAs. The dancer, who was accompanied by husband James on the red carpet, told us, "He's struggling, he's obviously not a natural dancer. He's finding it hard, but he works hard and he's a sportsman so hopefully he'll pull through."

Ola still thinks Iwan is in with a chance of winning the show, though. She said, "We can go a long way. I'd love to think we can win. It's a really strong year, so you never know who's going to end up in the final."

The pretty blonde also revealed she's still undecided about whether this will be her last year on the hit BBC1 show, following the horrific leg injury she sustained while competing in Channel 4 winter sports show *The Jump*.

"I haven't decided. A year is a long time so I'm enjoying it and just happy to be back after my injury. I never thought I'd be dancing again," said Ola.

While she kept schtum over reports Georgia May Foote was growing close to her partner Giovanni Pernice – telling us she "didn't know anything" – Ola reasoned why the show's produced lots of hot romances.

"People get close on the show and if there's chemistry, they get on with it! It's not a *Strictly* curse."



Iwan is "struggling" with dance steps



Ola hasn't decided if this will be her last year on *Strictly*

## Max: 'Charlotte's met my parents!'



Zara got the goss on Max and his girlfriend Charlotte

Sorry ladies, Max Morley is officially off the market! The *Love Island* winner told us he and *Geordie Shore* star Charlotte Crosby are officially exclusive. "She's even met my parents!" he revealed. Boo!

Though it seems Max is yet to suffer the joys of Charlotte's notorious bed-wetting. "There are boundaries!" he laughed.



**GOT ANY GOSSIP? TWEET US!**

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@ZaraZubeidi  
@LivAdams2011



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# new!



# STYLE

*This week's hottest fashion and beauty buys*

*Snap  
it up!*



**GILET**

**TOPSHOP £75**

When this embroidered gilet arrived at **new!** HQ, we instantly knew we were on to a winner. The faux fur combined with bohemian detailing will make this your must-have winter piece. Wear over a roll neck for style perfection!

**13**  
more pages  
inside



**new!** LIKES YOUR

# style!

THE PRIDE  
OF BRITAIN  
AWARDS

Who got it  
right – and  
wrong – on the  
red carpet?

## GEORGIA MAY FOOTE

The *Strictly* star, 24, looks stunning in this monochrome combo. Her Ariella Couture maxi skirt and AQ/AQ crop top highlight her toned figure and she tops the look off with sleek hair and an Amishi clutch.



## KIMBERLEY WALSH

We're not surprised Kimberley, 33, wants to show off her fab post-baby figure. But we think a slim-fitting dress would have been a better choice than this Alexis Jensen jumpsuit.



## AMANDA HOLDEN

Red is undoubtedly Amanda's colour, but we're not convinced by the asymmetric, plunging top of this Basil Soda dress – and the 44 year old's hair and make-up look too severe.



Get the  
look



Clutch  
**£40**  
Aldo





### LYDIA BRIGHT

This billowing Zeynep Kartal gown swamps the 25-year-old *TOWIE* star. Not only is it really unflattering on her, but she almost suffered an embarrassing nip-slip on the red carpet. Oh dear.



### PIXIE LOTT

Pixie, 24, looks great – from the neck up! But her Bardot-esque hair and make-up are totally let down by this OTT gown. The slashed neck and twisted front just look messy.



### EMILY MACDONAGH

Married life is clearly suiting Emily, 26, who looks happy and confident on the red carpet in her Ariella Couture gown. No wonder hubby Peter Andre is smitten!



### ALESHA DIXON

The *BGT* judge, 36, ditches her beloved minis for a sultry figure-hugging Michael Costello floor-sweeper. Her dramatic quiff adds to the elegance of this sophisticated look.



### ROCHELLE HUMES

The 26 year old channels old-school glamour in this Suzanne Neville gown with full skirt and corset-style top. Très chic, Rochelle!





# BE A STEP AHEAD

...with our fave footwear that's hitting the high street now!



## KNEE HIGH

Red Or Dead  
at Schuh  
£150



Zara  
£89.99



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with  
longer-  
length  
skirts  
for a  
retro feel*

H&M  
£139.99



French  
Connection  
£195



Moda In Pelle  
£139.95



Primark  
£22



Curvissa  
£120

## HI-SHINE

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Island  
£24



Converse  
at Office  
£59.99



H&M  
£99.99



New Look  
£24.99



Jones  
Bootmaker  
£59



& Other  
Stories  
£105



Topshop  
£75



*Ankle-grazer  
trousers  
show  
off sock boots  
perfectly*

Carvela  
Kurt Geiger  
£160



JONATHAN SAUNDERS



# D...



Aldo  
£180



MARC JACOBS



Glamorous  
at Very  
£38



Vagabond  
£90



Paper Dolls  
at Little  
Mistress £58



Ravel at House  
Of Fraser £50



Missguided  
£35

## VELVET



Monsoon  
£69

*These look  
expensive and  
will add a luxe  
feel to any  
outfit*



asos £45



Topshop  
£72



New Look  
£22.99



DRIES VAN NOTEN



SHRIMPS

COACH

## FANCY FUR



Senso at  
asos  
£159



Public  
Desire  
£34.99



New Look  
£29.99



Spartoo  
£65



asos  
£50

*Statement  
footwear  
will ensure  
all eyes are  
on you!*



Mango  
£89.99



## MODERN MARY



New Look  
£23



Topshop  
£46

*The pointy Mary Jane is the way to go this season*



Next  
£32



## EMBELLISH

*Glitz and glam works for daytime too*



Marks & Spencer  
£35



Oasis  
£40



Boden  
£99



asos  
£55

## POM-POM

River Island  
£75



Missguided  
£35



Shoe Box at Very  
£25



asos  
£40



River Island  
£70



SOPHIA WEBSTER





# MENT

## 80s THROWBACK



Mango  
£79.99



Little  
Mistress £68



J.W. ANDERSON

Public  
Desire  
£34.99



Missguided  
£30



Boohoo  
£32



Topshop  
£105



*Revisit  
decades past  
with calf  
lengths*

Little  
Mistress  
£65



## BUCKLE UP



Aldo  
£110



Ash at  
Office £129



Warehouse  
£85

*This detail  
toughens  
up a classic  
style*



Zara  
£69.99



Paper  
Dolls at  
Little  
Mistress  
£65



Sole  
Diva at  
Simply  
Be £65



RALPH LAUREN





Coat  
River  
Island  
£85



Bag New Look  
£17.99



Top  
River  
Island  
£28

## Wardrobe essentials

These versatile key pieces will be the building blocks of your winter closet...



Belt River  
Island £25



Bangle  
Topshop  
£7.50



Cardigan  
Zara  
£15.99



Boots Zara  
£69.99



Sleeveless  
blazer  
New  
Look  
£39.99



Dress  
M&S  
£49.50



Backpack  
asos £50



Culottes  
F&F  
£80



# Love it? *Get it!*

Add some  
celebrity style to  
your wardrobe



## JACKET

**KATE MOSS**

The supermodel's military-style jacket, **£69.99** from **Mango**, finishes off her simple monochrome look.



## SHIRT & SKIRT

**CATHERINE TYLDESLEY**

The *Corrie* actress pairs a leather pencil skirt, **£80**, with a pretty butterfly-print shirt, **£38**, both from **Oasis**.



## TOP, SHORTS & BOOTS

**MAISIE WILLIAMS**

The *Game Of Thrones* star opts for head-to-toe **River Island** – top, **£35**, shorts, **£35**, and boots, **£85**.



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new!



STYLE

# SUITS YOU

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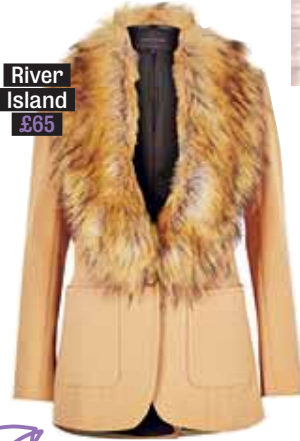
JIL SANDER



GUCCI



Topshop  
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River Island  
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Darling  
£85



Zara  
£69.99



Topshop  
£42



River Island  
£40



Darling  
£55



Zara  
£39.99

Add texture to your tailoring with a fur collar

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Get the borrowed-from-the-boys look in an oversized suit

A flared trouser gives an instant AW15 update

Wear with...



Next  
£23



Oasis  
£34



La Redoute  
£49



River Island  
£20

Tip: Jumpers can look just as chic as shirts under a smart suit

COMPILED BY: Gillian Scholes PHOTOS: Getty Images, WireImage STOCKISTS: Darlingsclothes.com, Laredoute.co.uk



new!  STYLE

# FASH TALK WITH *Jameela Jamil*

Radio host Jameela Jamil talks about her new Simply Be collection and tells us why she thinks every woman deserves to feel gorgeous...

**Q** Do you have a favourite piece from your new clothing collection?

**A** I love the black sequinned cape. If you're not loving your arms and shoulders, it's so hard to find something glam to cover up with. A lot of women end up wearing sh\*t cardigans over beautiful dresses, which ruins the look. For the Christmas party season, this is a classic!



Cape £75

**Q** Have you had any celebs show their support?

**A** Girls like Little Mix – and they represent every size. Ellie Goulding has been unbelievably cool. I think people appreciate the fact that I'm not scared of curves.



**Q** Who is your fashion icon?

**A** I love the 60s. Sophia Loren, Brigitte Bardot and Marilyn Monroe. I love curvaceous women. I think anyone who respects their shape is a style icon.



Coat £110  
Dress £50

**Q** Why did you get involved with Simply Be?

**A** I've been campaigning for positive body image for the last few years. When I gained weight, I didn't join a gym, I didn't eat lettuce for every meal. I got into a bit of an online scrap with singer Jamelia because she said she didn't think plus-size women should shop on the high street. We should be inclusive of all sizes.



**Q** Do you prefer to dress up or dress down?

**A** I want to dress up every single day. I want to go to Tesco in a ballgown. I don't even believe in marriage, but I'd like to do my accounts in a wedding dress! If you look good, you feel good. I'm trying to attack the core of what it is that disrupts women and I think confidence is that core.

**Q** What was the thinking behind the collection?

**A** My collection is unapologetically glamorous. Nothing is there to make you hide, it's there to make you stand out and be gorgeous. As a size 10-12, some people might be dubious about me designing a plus-size collection, but I've been every size.



SHOP JAMEELA'S COLLECTION NOW AT [SIMPLYBE.CO.UK](http://SIMPLYBE.CO.UK)



# HOT LIST



Acting fashion editor Sarah Loving's top 5 style buys of the week

2

Paul's Boutique has released a sports luxe take on the classic tote, £60. The red panel makes it look designer!



EDITOR'S PICK

The Genuine Gemstone Company at Debenhams from £34



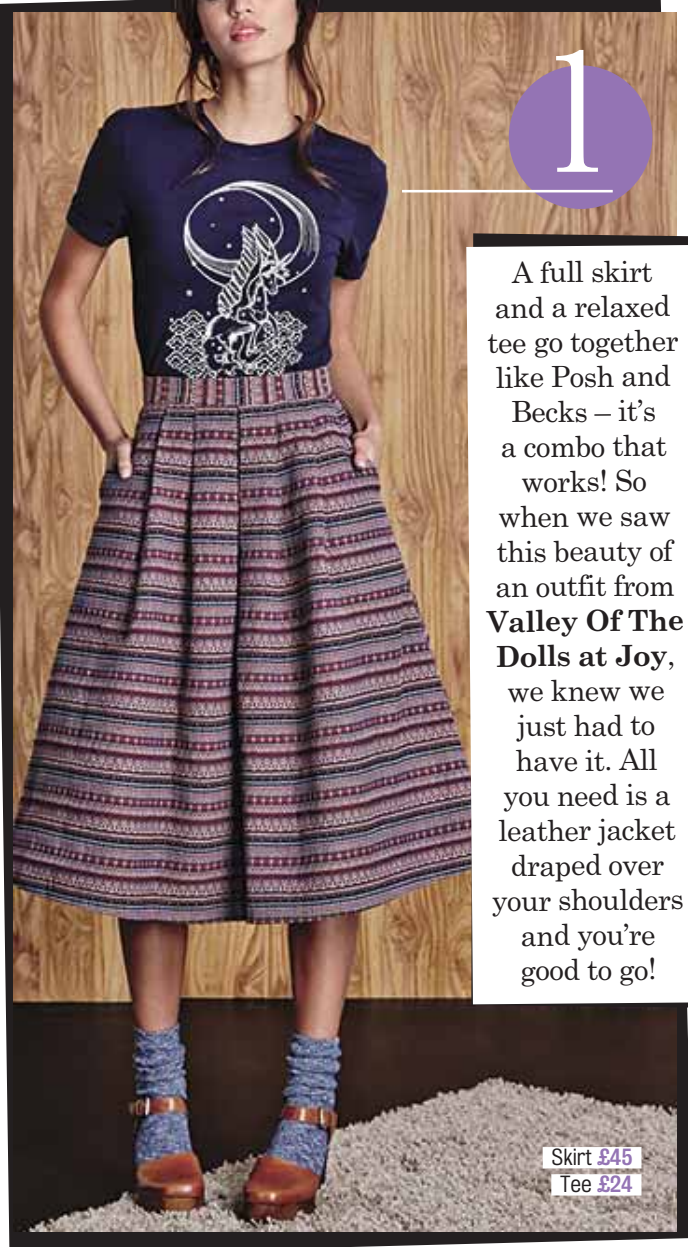
4

Velvet is making a big comeback so get on board with these cigarette trousers from Topshop, £45.



1

A full skirt and a relaxed tee go together like Posh and Becks – it's a combo that works! So when we saw this beauty of an outfit from Valley Of The Dolls at Joy, we knew we just had to have it. All you need is a leather jacket draped over your shoulders and you're good to go!



Skirt £45  
Tee £24

5

A knitted coat is ideal for layering over other knits or wearing under your winter coat. Nab this one for £35.99 from Stradivarius.





# All white now

Celebrate National Chocolate Week – without the calories...

I Heart  
Makeup Naked  
Chocolate Eyeshadow  
Palette **£7.99**

MuLondon Organic  
White Chocolate  
Truffle Moisturiser **£15**

Ciaté White Choc  
Pot Fragranced  
Nail Polish  
Remover **£6**

MuLondon  
White Chocolate  
Elbow, Knee  
& Heel Cream **£19**

Zuzka Organic  
White Chocolate  
Revitalising Cream  
**£34.99**

Bee Good  
Raspberry &  
White Chocolate  
Lip Balm **£4.75**

Choceur Smooth White Chocolate from Aldi



*blended for  
beautiful hair*



BLENDING FOR SMOOTH, SLEEK HAIR  
INFUSED WITH ARGAN OIL & JASMINE EXTRACT



**Charlotte Tilbury Beach Stick £30**  
*"This is super handy. The various shades work all year round. I love the whole Charlotte Tilbury range."*



**Bliss Triple Oxygen Instant Energizing Mask £42**  
*"Very simply, it's a great face mask that I can't do without, especially now with my hormones all over the place."*



**Dermalogica Daily Microfoliant £41.75**  
*"My skin feels amazing after exfoliating with this."*



**TIGI Bed Head Headrush Shine Spray £11.87**  
*"I love this. It smells divine and makes my hair look so glossy."*

## What's in your beauty bag?

# IMOGEN THOMAS

The mum-to-be on what gets her gorgeous



**Elemis Pro-Radiance Cream Cleanser £29.50**  
*"I've always loved Elemis. This makes my skin feel squeaky clean and the cream formula is great for hydration."*



**Mio Body Brush £14.50**  
*"I body brush every day. It helps break up cellulite which seems to have appeared more now I'm pregnant."*



**Bio-Oil Body Oil £8.95**  
*"A brilliant body oil. I use it in the bath. It makes my skin feel so soft and I can feel it's working to keep those stretch marks at bay."*



**MAC Penultimate Eye Liner £18**  
*"Even if I'm not wearing any other make-up, a bit of eyeliner makes all the difference. This is the best liquid pen liner."*



Imogen is working with Bio-Oil to track her pregnancy using the Bio-Oil Bump Tracker app, free to download from the iTunes store





EVERY WEEK!

Email me at [lauren.goodger@express.co.uk](mailto:lauren.goodger@express.co.uk)

# Lauren

The Essex girl talks about revealing her assets and Jake being well trained...



## BON APPÉTIT

I posted an Instagram photo of Jake cooking dinner last week, but what a palaver it was! He used a pan to cook the chicken instead of the grill so it ended up smoking out the house! He covered

his face with a tea towel, but looked like something out of the Wild Wild West – or Wild Wild Essex, more like! But the meal actually tasted all right. I've got him well trained – and I think he enjoys cooking for me!

Last week, one of the mags claimed I'm 10st, but I don't know where they got that figure from because I haven't spoken about my weight or size in months! I wish people would stop speculating. You guys will be the first to know.

Another mag said I was "deflated" after Jake didn't propose in Paris. Oh please! I suggested going to Paris myself, so I had no expectations. They also claimed he spent £4,000 on my birthday. Yes, he did buy me lots of nice gifts, but I don't know how much he spent – I wouldn't want to.



## Boobalicious

I couldn't believe the reaction I got to this picture. Despite what people think, I don't always like having my boobs on show. I did feel a bit uncomfortable because I kept pulling the fabric over but, in the end, I just thought, "Sod it." I'm not the first celeb to go to dinner in a revealing top. Jessica Simpson, Rihanna and Kim Kardashian all do it!

I don't normally show off my "Jake" tattoo on my wrist either, but my sleeve happened to slip down when he took the photo. People have asked me if I managed to finish my dessert and I did! It was my birthday, so I let my hair down.



## Get over it!

I don't normally hit back at internet trolls who criticise my Instagram photos, but last week I couldn't resist posting this tongue-in-cheek quote, "Sorry, I don't speak c\*\*\*anese."

I just wanted to make light of the situation. Do people not think I know I put a filter on some pictures? It wasn't like I said it was a natural photo. The whole point of Instagram is to edit photos to make them look different – everyone does it. They wouldn't have the filters there otherwise! There are plenty of non-filtered photos of me on my social media, but it seems all the insecure people can't help but criticise. The more people tell me to stop pouting, the more I'll do it. I'm happy in myself. My favourite filter is Aiden because it gives a magazine finish.

## TOO MUCH, TOO YOUNG

I was shocked by a report that found girls as young as 14 are looking into having cosmetic surgery, particularly lip fillers, so they can look like celebs they see on Instagram. It's ridiculous and quite scary.

I look at my friends' little sisters and they all look a good three or four years older than they are. When I was young, I looked young. I think there should be an age limit to go on Instagram because a lot of young girls probably look at the images

and think, "Is that how I need to look? Is that what boys like?"

Instagram is fake. Soon, everyone's going to look like they're in their forties when they're in their twenties. Thankfully, my 18-year-old sister Jenna hasn't gone through with having lip fillers yet. I keep reminding her that I was 26 when I first had them done and she should wait.



## PUMP IT UP

I spent last weekend at a fitness and bodybuilding event called Musclemania and I loved it! It definitely inspired me, but I don't want a bodybuilder's body. I take my hat off to anyone who does it though, because it takes hard-core dedication.

I'd never say never to entering a bikini competition like the one I watched because it's all about being fit and strong. Some of the girls asked me if I was competing, which is hilarious and flattering, but obviously not true! Who'd have thought I'd be at a fitness competition?! But I loved it!

## Lauren's week in numbers

Pairs of shoes returned

3

Dinners out

2

Times Jake cooked

2



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**Everybody Wins**



# 'Cancer didn't ruin pregnancy dream

Two brave women who fought cancer to become mums tell **new!**

Anna conceived sons Paddy and George naturally



## 'MY TUMOUR WAS ALMOST AS BIG AS MY BABY'

Anna Masterson, 34, from Birmingham, explains how a frightening brush with ovarian cancer left her determined to become a mum...

"The tumour is large," said the oncologist at Birmingham Women's Hospital. My stomach lurched in shock. It was February 2007 and for the last few months I'd been ignoring my bloated belly, blaming it on anything from wheat intolerance to wind.

"It weighs 8lbs or more and it's on your right ovary. We'll have to operate," the oncologist added.

I fell to my knees in shock. All I'd been thinking about was my forthcoming wedding to soldier Andy, now 34, and our plans for a big family, but I'd been unknowingly carrying around a tumour the size of a newborn.

It was only discovered after I was involved in a minor car accident. The following day I felt dizzy, so I went to my GP. "Are you pregnant?" he asked, his eyes falling to my protruding tummy.

"I've had periods," I explained, blushing. "It's just bloating."

After testing my urine, which was negative for pregnancy hormones, he looked perplexed and sent me to

A&E. There, a nurse examined me, then a doctor fastened a wristband on me. "We're keeping you in," he explained.

Following some scans, doctors broke the devastating news that I had a cancerous

tumour on my right ovary. Telling Andy over the phone was gut-wrenching. We wanted lots of children and the operation would very likely leave me infertile.

"Just leave me," I sobbed. "You didn't sign up for this." I couldn't bear to think I'd be shattering his dreams of having children too.

My parents Myra, now 60, and Phil, now 59, were broken. My dad found it hard to even say the word "tumour", so he named it "Tommy". But with their support, and Andy's, I suddenly felt defiant. As I was wheeled into the operating theatre five days later, I vowed to beat the cancer.

## HUGE SCAR

After being under anaesthetic for three hours, I woke up to see a huge scar running from my breasts to my pelvic bone. Every trace of the tumour had been removed and doctors had salvaged one of my ovaries. I'd have to have a scan every three months but, thankfully, I was going to be OK. Even so, the doctors warned, "You may need fertility treatment."

I'd come off the pill by the time my big military white wedding went ahead in March 2008. A month later, I started feeling tired all the time, something I put down to moving barracks to Aldershot with Andy. But after a week, I bought a pregnancy test. I was alone and trembling when the two pink lines showed up. Incredibly, I hadn't needed help to get pregnant after all!

I called Andy, who was away on a ship on an exercise with the army. "You're going to be a daddy!" I said excitedly. I wished he could have been with me to share the moment, but we celebrated when he returned home weeks later.



The couple on their wedding day in March 2008

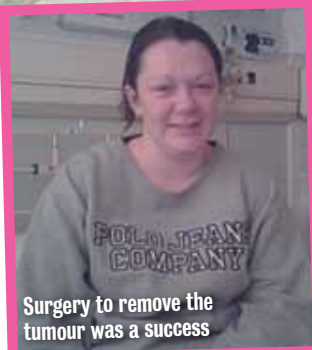


# in our ms'

their stories...



Anne went on to have a second son, George



Surgery to remove the tumour was a success

Pregnancy wasn't easy and with fortnightly scans to check on the baby, I was exhausted. But I beamed each time I saw my bump in the mirror. This time, I was proud of my swollen tum.

On January 25, 2009, I went into labour at 40 weeks and had a natural childbirth with no pain relief. Paddy, our son, was a whopping 9lbs 6oz and perfect.

Being a mum was everything I dreamed of, but my health started to suffer shortly after I gave birth. I developed fibroids on my left ovary and had to have several more operations. Doctors advised a hysterectomy, but we decided to try for another baby before I went through with the op.

George was born in 2012 and I had a hysterectomy in February this year. Although I'm still mourning the fact I can't have more children, I know these beautiful babies need their mummy and Andy needs his wife.



Amelia, Ellie and Dan are supporting Stand Up To Cancer

## 'PEOPLE STARED AT MY BUMP WHILE I HAD CHEMO'

Ellie Seatherton, 32, from Devon, was diagnosed with cervical cancer while pregnant with her daughter, Amelia...

When my daughter Amelia was delivered early at 30 weeks by caesarean, I'd been warned she'd be tiny and might need emergency treatment. But at 3lbs 8oz, she'd come out healthy and fighting.

"She's actually quite big!" I said, relieved. My husband Dan, 36, and I were thrilled. Amelia was gorgeous, with a tuft of dark hair. But while any parent feels relief at the safe arrival of a baby, this moment was even more special to me. She was born in December 2012 and I'd started bleeding when I was 24 weeks pregnant. I was panicking about losing my baby and didn't expect to be diagnosed with cervical cancer. The moment doctors told me was devastating, but there was barely time to react.

"We suggest you start chemo immediately," a doctor explained. "The drugs don't cross the placenta so your baby will be fine."

At 27 weeks I started chemo as a day patient. Despite my doctors' reassurance, it was still scary – and it didn't help when people noticed my bump and stared at me in shock while I had my treatment. I kept wanting to say, "The baby's safe, OK?"

In the end I reacted badly to the drugs

and doctors delivered Amelia early. She was taken to the neonatal unit. Hours later, I cradled her little body against my skin. It was late and I was doozy from the C-section, but the moment still felt special. I was holding my baby at last.

However, knowing I had more treatment to come, I was scared to get too attached. But I stayed well through more chemo and we took Amelia home five weeks later, the same day I finished my last cycle.

Being home as a family was magical, and Dan and I couldn't stop looking at our baby. We threw ourselves into parenthood and in May 2013 I was given the all-clear. "I've got my life back!" I said, thrilled.

## MORE HEARTACHE

But there was more bad news to come. Six months later, I went in for a check-up. I had an MRI and then, as Dan and my mum sat with me, a doctor said those unimaginable words, "The cancer is back."

It was in two places in my lymph nodes, and one of them was too close to major blood vessels to operate. "I'm sorry, there's nothing we can do," the consultant said.

Mum and Dan were inconsolable, but I was thinking practically. "How long have I got?" I asked. "Probably about a year," came the reply.

It was a devastating blow, but I've since tried various trial drugs. It's two years on and, apart from a blockage



Ellie following Amelia's birth in 2012

in my kidney – a result of the trial drugs – I'm feeling pretty good.

Last December, Dan and I got married with Amelia as a bridesmaid. My diagnosis has helped us make the most of our lives, and we go off for weekends away or family holidays.

The first time Amelia called me "Mummy" was bittersweet. I felt so proud, but also distraught about how long I might be in her life. Sometimes I pick her up and think, "This can't be happening, she needs me." But then I'll force myself to snap out of it and enjoy my time with her. She's a gorgeous, happy, chatty, funny little girl, and I can't imagine not seeing her grow up.

Over time, I've come to terms with that worst-case scenario, but I've refused to accept it. "Miracles happen all the time," I think. Maybe I'll be one of them.

CHARLOTTE NORTH & CAROLINE BENJAMIN



The family – here visiting Peppa Pig – make the most of their time together

Anna and Ellie are supporting Stand Up To Cancer. To get involved this October and help beat cancer sooner, visit [Standuptocancer.org.uk](http://Standuptocancer.org.uk)



PHOTOS: Phil Hill/UNP



# new! Food Celebrity bites

## DANIELLE LLOYD

**T**he model and former *Celebrity Big Brother* star, 31, tells **new!** her three boys – Archie, five, Harry, four, and George, two – love her cooking, and they even help out in the kitchen!

### What is your signature dish?

I make a very good tuna and pasta bake.

### Do your boys enjoy the meals you cook?

The boys love my cooking and they also like to help.

### Cute! What's your favourite restaurant?

Cielo in Birmingham. It's an amazing Italian. And I love Indian restaurant Lasan, which is also in Birmingham.

### Are there any foods you're not keen on?

I don't like eating salads because I think they're



Dani would invite Kanye and Kim over for dinner

my starter, and then a fish and chip dinner with fried rice and barbecue sauce for my main.

### Who'd be your dream celebrity dinner date?

Kim Kardashian and Kanye West – I think it would be very interesting!

**Danielle is the ambassador for zeo Pink. From every bottle sold, 10p will be donated to the Pink Ribbon Foundation to mark October's Breast Cancer Awareness Month. Visit [Drinkzeo.com](http://Drinkzeo.com) for more info**



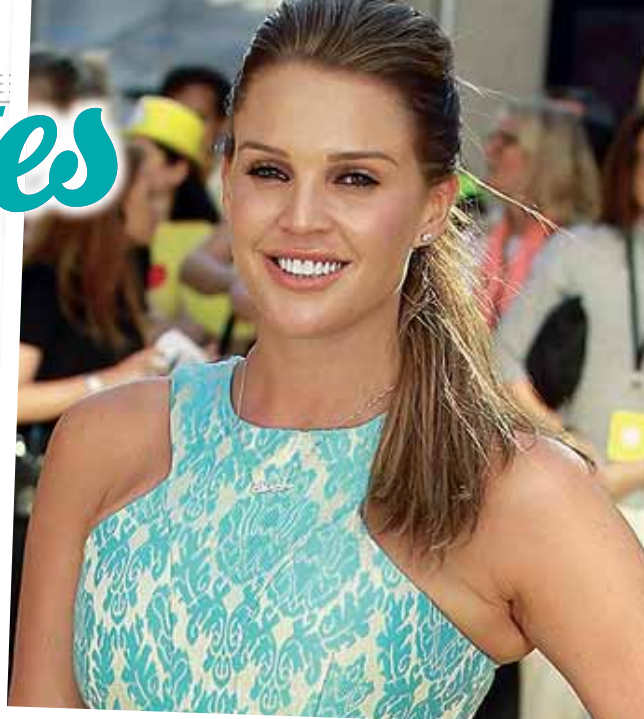
boring! I don't like the dressings that come with them, either.

### What's your favourite tippie?

I drink rosé wine, but when I'm out I usually have vodka.

### What would you eat for your last supper?

I'd be really fat and have a lasagne for



**Make life sweeter!**

Celebrate National Chocolate Week (October 12-18) by tucking into a packet of Thorntons Little Temptations. These moreish bites of milk or dark chocolate clusters of cornflakes, crispy biscuit and chewy fudge pieces. Yum! They're £1.99 from all good supermarkets.



## Goat's cheese and courgette salad

### RECIPE OF THE WEEK SERVES 4



**This light lunch idea from Lorraine Pascale is quick, easy and looks oh-so pretty...**

#### INGREDIENTS

5 tbsp extra virgin olive oil  
2 tbsp balsamic vinegar  
½-1 tsp chilli flakes (optional), depending how hot you like it  
4 firm, medium-sized courgettes  
200g rindless goat's cheese  
Leaves from

1 bunch of fresh basil  
75g pine nuts, toasted  
Sea salt and freshly ground black pepper

#### METHOD

■ Place the oil, balsamic vinegar and chilli flakes, if using, in a really large bowl with some salt and pepper and give them a quick whisk together to combine.  
■ Pass the courgettes through a spiralizer, catching the curls on a large tray as you go. Cut the courgettes in half to make them easier to pass through. My spiralizer has a couple of blade choices and I like to use the medium-sized one as I find the thinner strands quickly become soggy in the dressing.  
■ Tip the courgette spirals into the dressing and use a long, sharp knife to slash through them a few times to chop slightly. Break the goat's cheese into bite-sized pieces and scatter on top. Tear the basil leaves over and add the pine nuts. Gently toss everything together and serve at once.

**DID YOU KNOW?**  
Spiralizers – kitchen gadgets that produce long strands of veg – are bang on trend and can help you liven up salads or make low-carb pasta replacements. But you can still cut the courgettes into strips with a knife!

## FEELING SAUCY

Joe & Seph's – best known for its quirky popcorn flavours – has launched six indulgent caramel sauces to enjoy over ice cream, pancakes or whatever else you fancy! Choose from Salted Caramel, Sticky Toffee, Chocolate Caramel, Cappuccino, Chocolate & Hazelnut and Gin & Tonic. Available to buy from Ocado, QVC and at [Joeandsephs.co.uk](http://Joeandsephs.co.uk) from £4.99.



To order *Eating Well Made Easy* by Lorraine Pascale (Harper Collins, £20) call the Express Bookshop on 01872 562310 with your credit/debit card details. Alternatively, please send a cheque or postal order, made payable to The Express Bookshop, to: Lorraine Pascale Offer, PO Box 200, Falmouth, Cornwall TR11 4WJ or visit [Expressbookshop.com](http://Expressbookshop.com). UK Delivery is free.





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# 'My botched boobs mean I can't even go topless in bed'

She's living it up in the sunshine in *Life On Marbs*, but Danni Levy is fighting an ongoing battle with her body...

**A**s one of the glossy, sun-kissed cast of hit reality show *Life On Marbs*, Danni Levy seems to live a dream life.

But in the past ten years, in an attempt to sculpt the body of her dreams, she's undergone four separate cosmetic operations. Unfortunately, some of the procedures caused severe complications and left Danni's boobs in such a botched state, she's too embarrassed to take her top off – even in bed.

Here, Danni, 31, a model and fitness trainer based in Marbella, Spain, tells **new!** how she wishes she'd never gone under the knife...



Danni on *Life On Marbs*

Staring wistfully at the gorgeous tops and dresses in my wardrobe, I looked down at the clothes I was wearing. A tight workout top had become my uniform – it was the only item of clothing that made my uneven, misshapen breasts look vaguely normal. Having had four boob jobs over the last ten years, my chest had been left a wreck – and my body confidence was in tatters.

In 2004, when I was 20, I first made the decision to have a breast augmentation. I was naturally flat-chested and, surrounded by images of people with voluptuous boobs, I was desperate to feel more feminine.

My operation at a clinic on London's Harley Street was a success and I went from a small B cup to a curvy C cup. I was thrilled and suddenly felt far more confident.

For years I felt happy with my breasts and, as a successful fitness instructor, was proud of my figure. But then in late 2011, the PIP implants scandal hit the headlines. According to reports, there was a risk that these silicone implants – which had been banned 18 months previously – could potentially rupture and

leak into the bloodstream, and they were said to increase the risk of developing breast cancer.

Understandably, I was terrified and immediately contacted my surgeon, who confirmed there was a high chance I had PIP implants. I knew I had to have them removed. Unfortunately, I hadn't been offered lifetime aftercare, so in 2012 I had to pay for another operation to replace my implants. It would have cost

£5,000 in the UK, so instead I found a clinic in Spain, where lots of my family lived, where it cost just £2,000.

It was a big, well-known company, so I figured they'd look after me. However, when I saw my boobs after the operation, I was distraught. They were ugly and flat like pancakes, with huge holes, ripples and dips in them.

"They're supposed to be round," I sobbed. My surgeon told me, "Don't worry, they just need to settle."

But as the months passed, my boobs became even more lumpy in texture. I kept sending photos of them to the clinic and trying to complain but they didn't seem concerned.

Thankfully, my problems didn't stop me getting together with my boyfriend Jake, 25, a personal trainer, in September 2012. He always insisted I looked amazing, but my battle for compensation carried on. In the end, I somehow managed to get a £2,000 refund, which sadly wasn't enough money to get a repair procedure done in the UK. I lived with my boobs, but I hated them.

Then, last year, I moved to Miami. Everywhere I looked there were billboards advertising cosmetic surgery. One day, I spotted one offering boob jobs for \$3,500, which at the time was equivalent to £2,000 – the exact amount of my refund that I'd stored away.

I called the company and they invited me for a consultation the following day, then scheduled my surgery for the day after that. They said I wouldn't even have to stay in overnight. I should have been alarmed by the speed, as most reputable clinics would have a waiting list, but I was just excited to get my dreadful boobs repaired.

Afterwards, Jake told me I couldn't have been in theatre for more than 15 minutes. But my surgeon reassured me it was quick because they inflated my saline implants through the nipple, which made it a quicker procedure. "I overinflated the implants to iron out the bumps," he explained.

## SHOCK RESULT

However, at the post-op meeting the next day, I was in for another shock. Although my boobs were more round in shape, I could immediately see that my right one was bigger, while the left one was higher up on my chest.

"The left one will drop down," the surgeon said dismissively, explaining he'd put stitches in that side to hold the implants in place. "You just need to give them time."





The reality TV star wears push-up bikinis to make her boobs look even



Her boobs were misshapen after her second op in 2012



Her right breast dropped after her third surgery in Miami



Despite a fourth boob job, she likens her breasts to "lopsided udders"

But back in Europe, two months later, without the stitches to hold it in place, my right breast dropped down even further. Then, a few weeks after that, I developed an excruciating pain in my left breast. Over the following few days, it went solid and became swollen and inflamed.

"You've developed capsular contracture in your left breast," a doctor told me. "The body creates a capsule of fibrous scar tissue around the implant, as a natural reaction to it being a foreign object. Capsular contracture is when that scar tissue shrinks and it can be very painful."

By this time, I'd started filming *Life On Marbs* and was determined that my botched boobs wouldn't stop me carrying on with my life. My left breast was extremely swollen and the right had dropped down, so I felt even more self-conscious given I was appearing on TV.

## WONKY DONKEYS

Determined to laugh about them before anyone else did, I started referring to my boobs as the "wonky donkeys". But inside I was distraught. I couldn't wear string bikinis like I wanted to and I was so embarrassed I wouldn't even get naked

in bed. Instead, I kept a T-shirt on. Jake didn't say anything, but I sensed it was putting a strain on our relationship. I started making excuses to avoid having sex, realising Jake was tired of me moaning about my boobs.



Her first op took her from a B cup to a C cup

Although I was proud of my toned figure, I couldn't fully enjoy it because of my misshapen bust. The only things I could wear were tight workout tops and push-up bikinis, as they hoisted my boobs up and made them look even.

In the end, there was no other option and I had to have a fourth op in June this year to try to even them out.

"I found stray bits of implant in your chest cavity, and one of the

operations has cut away at your chest muscle and caused damage," the surgeon explained. He did all he could, but my breasts still looked terrible – the right one was stitched up, but the left one had come away from the chest wall and was now lower than the right.

"They're not like boobs, they're like fat sacks," I moaned to Jake. He'd never really commented before, but even he admitted, "They're awful. They're still not even and are really wide apart."

I've since found out I need a kind of scaffolding inside my body to keep them in place, at a cost of £8,000. I'd love to go ahead with the op but I'll have to save up. It makes me sad that this nightmare has been going on for years. I've been left with horrible, lopsided udders that sag under my armpits, and my self-confidence is on the floor.

I went out recently and people recognised me from *Life On Marbs*. But my chest was the focus of the night. "Oh dear," said one woman, gesturing at my boobs. "I can see there's a problem."

I was mortified. If I could go back in time, I'd never have a boob job in the first place. I know it's partly my fault for jumping in too hastily and taking the cheap options, but now I just want my story to be a warning to others. I try not to have regrets in life, but I wish I'd loved my body as it was.

CAROLINE BENJAMIN

*Life On Marbs*, Wednesdays, ITVBe, 9pm

**Mark Norfolk, clinical director at Transform ([Transforminglives.co.uk](http://Transforminglives.co.uk)), says:**

"If you're thinking about having cosmetic surgery, thoroughly check out the surgeon's background, including qualifications and experience. Find out where the surgery will take place and make sure your surgeon is skilled specifically in whichever procedure you're having. Remember, aftercare is just as important as the operation, and have realistic expectations about your surgery and results. Do as much research as you can to ensure you're making the best possible decision for you."



# Pixie Lott

## MY DIET SECRETS

The singer, 24, tells us about getting fit in LA and reveals she likes a tippie or two!

**HEIGHT: 5FT 8IN**  
**DRESS SIZE: 8**

**How often do you work out?**

I haven't for ages, but when I was in Los Angeles recently I found this new Pure Barre class, which is basically a ballet workout. I love it but haven't done it since I've been back in the UK. I'll have to get back into it.

**How often did you go when you were in LA?**

Whenever I could! I had an unlimited pass for a month so it varied on different weeks. I want to try one in London.

**Do you and your boyfriend Oliver Cheshire ever work out together?**

No, never. He goes to the gym about three times a week and I don't. So it just doesn't happen.

**How do you stay motivated?**

Well, I don't go to the gym – I only go to classes. At the moment I'm doing dancing shows as well, so that helps, but I find the gym really boring so I only do dance classes or Pure Barre. There's a gym close to where I live called Frame and they have all of these different classes – I find them more fun when everyone is in it together.

**Which celebrity's body do you admire?**

I always think Katy Perry has a lovely body and I think Jennifer Lawrence also looks lovely. I like women who look healthy.

**What's your favourite part of your body?**

I always think eyes are really important. When you're talking to someone you always look into their eyes.

**What's your least favourite part?**

Even though I put loads of sun cream on, I always really, really burn my nose. No matter what I do, it always burns!

**What's your favourite tippie when you're having a night out?**

I love champagne and wine. I drink mixers and I love vodka soda. I drink across the board – all areas are covered!



## My food diary

### BREAKFAST

"I had some porridge with skimmed milk, blueberries and banana. I also had a latte with milk and no sugar."

#### NUTRITION

##### CONSULTANT IAN

**MARBER SAYS,** "Oats are a slow-burn carb, which should stop Pixie getting hungry too quickly. But have either berries or banana and add some almonds instead for longer-lasting energy from protein as well as more fibre."



### LUNCH

"I had a chicken salad sandwich on brown bread with butter. I drink gallons of water but I had this with a Diet Coke."

**IAN SAYS,** "Sandwiches are practical but often low in protein, so perhaps Pixie could have two, discard one slice of bread from each and make a double 'super sandwich' instead. This should help extend energy, enabling her to have a healthier snack later. Diet drinks are sugar-free, but should be a rare treat."



### SNACKS

"I do snack. Today I had a packet of Walkers Sunbites and a Lucozade."

**IAN SAYS,** "Lucozade is 25 per cent glucose syrup, which might give some energy in the short term, but may also lead to cravings afterwards. Have sparkling water instead. The Sunbites aren't too bad, but they too contain more sugar than you might think, so swap for unsalted cashew nuts."



### DINNER

"Oli is a really good cook. He made salmon, salad and brown rice."

**IAN SAYS,** "A great dinner. Salmon is rich in omega-3 fats, so it's good for the skin and heart, while brown rice offers fibre and minerals."



Follow Ian Marber on Twitter @IanMarber



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# 'Schizophrenia doesn't define us'

**After battling mental illness for many years, three schizophrenia sufferers reveal how they're managing their condition and leading positive, successful lives...**

**O**ne in 100 people in the UK will suffer from schizophrenia during their lifetime, a mental illness that mainly affects people between the ages of 15 and 35. With over 220,000 sufferers currently in the UK, it causes

hallucinations, delusions, withdrawal and a lack of communication. Although schizophrenia can be successfully managed with the right combination of medication and therapy, there's still a strong stigma attached to the illness.

In a survey of 500 schizophrenia sufferers, more than 80 per cent said their diagnosis made life more difficult, while 88 per cent said they thought the public associated the condition with violence. In reality, the incidence of public violence committed by schizophrenics is under 10 per cent.

To highlight Schizophrenia Awareness Week, **new!** speaks to three inspirational women who are living fulfilling lives despite battling this often misunderstood condition...

## 'I GOT A DEGREE AT THE HEIGHT OF MY ILLNESS'

Amy McCann, 32, from Liverpool was finally diagnosed with schizoaffective disorder in 2012. While suffering in silence for many years, she had her son, Christopher, now 14, and got a degree in psychology...

As a kid I was obsessed with religious experiences, ghosts and aliens. Because my home life was chaotic, I ended up in supported accommodation aged 16 and, after that, my symptoms spiralled out of control. I'd spend hours thinking about and researching the afterlife, and my head would literally feel like it was on fire because of the rapid, irrational thoughts flooding my brain.

I had a baby with my partner Chris when I was 18, but pregnancy seemed to make my symptoms worse. I was assigned a psychiatrist who suspected bipolar disorder and I got a lot of support.

When Christopher was born in 2001, I managed to be a good mum to him, but nothing stopped the burning inside my head.

In some ways schizophrenia helped me find the right path during this time, as bizarre as that sounds. I thought I heard God tell me through the clouds that I needed to go to university, so I enrolled on an access course and won a place to study psychology at Liverpool Hope University.

Unfortunately, the stress of balancing motherhood and studying took its toll. I was soon battling really horrible thoughts. At worst, I wanted to rip people's faces off. I would never have done this – violence

doesn't characterise schizophrenia as people think it does – but the constant negativity ground me down.

I went back to get medical help but I always felt fobbed off and started to think I'd have to cope alone. Somehow I still graduated in 2010 with flying colours.

But in 2011, Chris died suddenly of a heart attack and I had a breakdown. A year later I was finally diagnosed with schizoaffective disorder. As soon as I started taking my



Amy was diagnosed with schizoaffective disorder in 2012



Amy with her late partner Chris and son Christopher

meds, the horrible thoughts stopped and I realised what a heavy load I'd been carrying around with me all this time.

I'm now a support worker, helping the homeless. I go out for meals, watch films, have plenty of friends and enjoy time with my son. I have down days where I feel trapped in my own head, but as with many illnesses, the symptoms eventually lift. Schizophrenia is part of my life, but it isn't my whole life.





## 'I'M A MANAGING DIRECTOR AND A MUM'

Tracey Butler, 41, is an MD from Basingstoke, Hampshire, and mum to Nathan, 15. She was diagnosed with schizoaffective disorder in 1994...

People say things like, "You don't look schizophrenic" when I explain my illness, which baffles me. It can happen to anyone, from any walk of life. I'm a businesswoman, a mum and I love karaoke, but I also have a mental illness. The word "schizophrenia" still has so many negative connotations, but I want to show people it isn't a life sentence.

While I'd always battled with self-harm, my thoughts took on a life of their own when I was 18 and doing nursing training. I thought the IRA were plotting to kill me and the postman was intercepting my mail. Convinced my house was bugged, sometimes I'd be chatting to friends on the phone while simultaneously wrapping the TV in foil. I thought it would stop the recording devices I believed were inside from picking up what I was saying. I couldn't recognise reality by the time I was sectioned in 1994.

For many, diagnosis aids their recovery, but back then, the stigma was too much for many of my family and friends to handle and they turned

their backs on me. The manager of a hospital

I wanted to work at compared me to the nurse and convicted murderer Beverley

Allitt, while some health professionals told me I should never start a family. I had nothing to hope for, so I took a massive overdose.

Thankfully, a friend found me and I survived.

Really, it's been my own strength, and the help of certain professionals, that's pulled me through. I've had many hurdles to overcome, but with the right medication and therapy, the voices and scary thoughts in my head have gone.

I'm now mother to Nathan, 15 – although his father and I have parted ways. I call him my "recovery in a bottle" as he helps me push through, even when I'm feeling unwell.

I set up my own business ten years ago – a training and consultancy firm that specialises in mental health issues in the workplace. I'm open and honest with everyone I know about my illness.

I have a new partner, Mike, 45, who suffers from bipolar disorder. Together, we help each other through the dark days. I sometimes need to take time off, but that's the same with any long-term health problem.



Tracey wants people to know that schizophrenia isn't a life sentence

## 'I WAS TOLD I'D NEVER BE A SCIENTIST'

Kerry Owen, 31, from York, first experienced symptoms aged 19 and was told she wouldn't be able to carry on studying. But, against the odds, she's now a science researcher for the NHS...

When I was really unwell, I heard voices telling me to set myself on fire in order to save the world. I really believed thousands of people would die unless I did what the voices were telling me. It was absolutely terrifying.

I went to A&E and told them I couldn't keep myself safe, but they sent me home because there were no mental health beds available.

Back at mine, I found a can of petrol in the garage and some matches. The only thing that saved me was that I couldn't get the rusty lid off. I could have so easily died that day and I know if I'd gone to hospital with a heart attack or a broken leg, I would have been seen straight away.

I first started experiencing delusions and hearing voices when I was 19 and at university. No one really knows why it happens, but I'd been bullied at school as a child and was admitted to an eating disorders unit aged 15. I was diagnosed with schizoaffective disorder months later, although I've had lots of different diagnoses over the years.

When I managed to see a psychiatrist at university, she basically said I should lower my expectations and give up my degree. However,



Kerry is now campaigning for better mental health services

after seven years, I received treatment from an early intervention in psychosis team that used a holistic approach. I finally found the right balance of medication and talking therapies.

It completely turned my life around and I managed to finish my studies at university and even complete a masters in public health. Now I'm engaged to be married and work as a science researcher. I have a really fulfilling life, a wonderful partner and great friends. I love my job, but I also love running, dancing and campaigning for better mental health services.

## SCHIZOPHRENIA EXPLAINED

- 1 in 100 people in the UK are affected
- It is most likely to start between the ages of 15 and 35
- The condition normally takes the form of delusions, hallucinations (such as hearing voices), withdrawal and lack of motivation
- Violence is not a symptom of schizophrenia and sufferers are far more likely to be the victims of violence than the perpetrators
- Causes of schizophrenia include genetics and environment, but it can also be triggered by drug abuse
- People with schizoaffective disorder display some symptoms of schizophrenia as well as bipolar disorder
- It can be treated with antipsychotic medication and talking therapies

For more information call Rethink Mental Illness on 0300 5000 927 or visit [Rethink.org/letsrethink](http://Rethink.org/letsrethink)



# Beautiful boudoirs

Give your bedroom a luminous touch with [Littlewoods.com](http://Littlewoods.com)

## THE START OF THE NEW SEASON ISN'T JUST ABOUT UPDATING YOUR WARDROBE,

it's also the perfect time to give your home a stylish new makeover. If your bedroom has been looking a little lacklustre lately, then we have some good news. The latest interiors trend from [Littlewoods.com](http://Littlewoods.com) is called 'Luminescent' and it is guaranteed to give your boudoir a touch of opulent glamour. It's all about

working with sparkle and high gloss finishes, layered up with textures and prints to create that winter wonderland feeling indoors. Perfect for this time of year when the nights are drawing in, this trend will light up your space and create a place of luxurious tranquillity after a busy day.

Create the illusion of a bigger space with light reflecting furniture, magnificent mirrors

and scatterings of sequins in sumptuous throws and scatter cushions. If you want to give your room a complete overhaul, at [Littlewoods.com](http://Littlewoods.com) you'll even find a huge range of bedframes and oh-so-comfortable mattresses topped off with silky soft bedding.

The best part is everything comes with free standard delivery and free returns too. Not only that, but you can even choose to spread the cost so

updating your home has never been easier.

Here, we show you how you can recreate this gorgeous look with our top picks, but if you're in need of inspiration for your other rooms, head to [Littlewoods.com](http://Littlewoods.com) now to discover a range of trends including collections by designers such as Laurence Llewelyn Bowen.

So what are you waiting for? Head to [Littlewoods.com](http://Littlewoods.com) now and shop the full range.



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**Decorative Recycled Glass Bottles (Set of 2)**, £34  
Item number: 4PNJC

**Graham & Brown Watercolour Woods Canvas**, £57  
Item number: 4JQMQ



**Set of 3 Crackle Glass Ball Lights**, £62  
Item number: 6APK6







**Sequin Faux Fur Throw, £49**  
Item number: 67DAF



**Metallic Faux  
Leather Cushion**  
43 x 43 cm, £19  
Item number:  
6A6WL

**Mayfair Cushion**  
43 x 43cm, £19  
Item number: 6A6WU



**Ombre Rug, from £100**  
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**Prague Mirror Narrow  
Chest of 6 Drawers, £209**  
Item number: 3VHK6

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# Back to the boardroom!

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WEDS, OCT 14, & THURS,  
OCT 15, BBC1, 9PM

As if Lord Sugar wasn't scary enough, he's appointed Claude Littner as his new advisor to replace Nick Hewer! We've watched the businessman reduce confident candidates to quivering wrecks at the interview stage, so this year's hopefuls had better do their best not to get on his bad side.

While Baroness Karren Brady is back, Jack Dee is the new host of *You're Fired*, which airs on BBC2 after the main show. Here's a look back at the show's most memorable candidates...

## HIRED OR FIRED?



### JAMES HILL (2014)

James was fired in week eight and proved *not* being Lord Sugar's business partner has its advantages – including being free to appear on *Celebrity Big Brother*... and win!



### LUISA ZISSMAN (2013)

Luisa has carved out a TV career on the back of coming runner-up on the show. But Lord Sugar commented she would "go to the opening of an envelope!"

### STUART BAGGS (2010)

Fans were shocked when it was reported Stuart had died as a result of an asthma attack in July. He will forever be known by his self-given nickname, "The Brand".



### KATIE HOPKINS (2006)

We all know that Katie isn't afraid of saying what's on her mind, but even Lord Sugar was taken aback when she became the first person to withdraw from the competition.



## BOOZY BANTER!



## AT HOME WITH STEPH AND DOM SAT, OCT 10, CHANNEL 4, 9PM

Our invitation to the *Gogglebox* couple's B&B for a G&T must have got lost in the post, so we'll have to make do with watching the permanently sloshed pair interview a host of celebs – including Jerry Springer, Jason Donovan and Louis Walsh – for their very own chat show. Now we know why they've had a new bar installed!

## TFI FRIDAY FRI, OCT 16, CHANNEL 4, 8PM

His orange hair may have faded to a pale shade of rust, but Chris Evans hasn't lost his sparkle! After the success of the *TFI Friday* 20th anniversary special, he's back with a new series of the show that was politically incorrect even in the 90s. Diminished manband Take That are among the guests on the first episode. Whoop!



90s  
NOSTALGIA!

## HOMELAND SUN, OCT 11, CHANNEL 4, 9PM

The fifth season picks up two years after the embassy attack in Islamabad, and Carrie is working as head of security for a German philanthropist in Berlin. But, as the tagline "the only way out is back in" suggests, it's only a matter of time before she's embroiled in another international terror plot! Brit actor Max Beesley also joins the cast...



## ESPIONAGE!



## A CUPPA WITH...

## MICHELLE HEATON

We chat to the former *Liberty X* star, who appears on Channel 4's *Celebrity Benchmark*...

**It was rumoured that you were going to be on *Strictly*...**

It wasn't meant to be this year, but I'd love to do it at some point if they'd have me.

**Have you been watching the show?**

I have. I think Helen George is going to do well. She's got grace and she's beautiful. I have to say, I was impressed with Peter Andre. I anticipated he'd be good, but I don't think anybody was expecting him to be *that* good!

**Did you enjoy appearing on *Celebrity Benchmark*?**

It's so much fun! It's like an up-to-date version of *Play Your Cards Right*. Anything with Paddy McGuinness is just amazing. Plus I stayed in a hotel, so I had a nice night's sleep and didn't get woken up at 5am by the kids!

**Were there any funny moments during filming?**

I was at the bottom for a long time. I couldn't get my head around why I was rubbish at guessing the answers!

**Are you a fan of those types of Saturday night shows?**

I love them. I grew up watching the classics, like *Blind Date* and *Blankety Blank*.

**Do your kids watch you on TV?**

I choose what I let them watch. I think Faith is just starting to get that that's my job. AJ saw a re-run of me doing an obstacle course on *Good Morning Britain* recently and he pointed at the TV and said, "Mummy!" So cute!

**What's been your favourite ever TV experience?**

*The Big Reunion*. Getting back with the band was amazing. I got with my husband after *Liberty X* had finished, so he'd never seen me on stage.

*Celebrity Benchmark*,  
Saturday, Channel 4, 7pm

## COMPLAINTS!



## KARL PILKINGTON: THE MOANING OF LIFE 2 TUES, OCT 13, SKY 1, 9PM

You've got to give it to Karl: he may not be the world's most upbeat person, but he's certainly game. In this first episode, he strips off to his pants in New York's Times Square for a spot of performance art! Later, he drinks his urine and lives as a woman for a day...



# I'm very low maintenance!

Karren Brady talks to **new!** about her minimal beauty regime and *CBB* winner James Hill...

INTERVIEW **Zara Zubeidi**

**Y**ou could say Karren Brady has it all – brains, beauty and a business mind to rival any of her male counterparts. And being so talented means Karren has a very heavy schedule, so when we sit down for a catch-up with the mum of two, we're not surprised to hear she's in the process of booking a well-earned holiday for December. "I haven't had time to go away this summer as I've been so busy," she says. "Somewhere hot is my only requirement!"

As well as fitting in some "me time", Karren, 46, is also preparing to return to our screens for the 11th series of *The Apprentice*, alongside Lord Sugar and scary new advisor Claude Littner (eek!), who's replacing Nick Hewer.

Here, she tells us about the new panel, what she does to stay looking great during filming and her thoughts on past contestants such as James Hill going on reality shows like *Celebrity Big Brother*...

## How is it having Claude Littner on the panel?

He's very different to Nick. Nick is hugely witty and funny, whereas Claude is very serious and businesslike. You don't often see Claude chuckling, let's put it that way! The candidates didn't even know he was replacing Nick so their reaction in the first episode is one of sheer terror.

## Are you surprised former candidate James Hill went on *CBB*?

I liked James. He's a very honest young man who had something about him. He won't run a business from being on *Big Brother* but I hope his true personality came across.

## Is he competitive?

Very. He always wants to win, that's for sure.

## How do you feel when ex-contestants go into reality TV?

The investment you put into running a business always pays more dividends than your 15 minutes of fame. But James was a nice guy with a nice personality, and if that's what he wanted to do, I wasn't going to stop him! **Katie Hopkins is another former candidate. Do you have an opinion on her?**

Not one that's printable!



Karren enjoyed working with *CBB* champ James in series ten of *The Apprentice*

## How do you prepare yourself for a new series?

I've discovered this fabulous new facial called HydraFacial. I had it regularly up until and during filming. All the make-up and getting up early for tasks takes its toll on the skin. It's non-invasive and smoothes all the fine lines and improves skin texture.

## Do you have a regular beauty regime?

Somebody comes to the house to do my nails every two weeks as I don't have time to go to the salon. I never get blow-dries and I swear by Pantene shampoo. I'm very low maintenance. I do like to look after my skin, though. It's important to me and I never put my face in the sun.

## Have you always looked after your skin?

I started using eye cream at 23. You get out what you put in. You'll thank yourself when you're 46!

## Noted! Do you feel pressure to look your best on TV?

No. I always promise myself to make more of an effort when the series starts, but when you're getting up at three in the morning you just think, "I give up! I surrender!"

## You and the contestants always look great, though!

How they get around in their high heels, I don't know!

## How have you coped with your daughter Sophia being at university this year?

She's just started her second year. She comes home most weekends so it's been fine! She's really enjoying it. She's met a lot of new friends and become very independent. The thing I love about the University of Nottingham is that they care about you becoming a rounded



Lord Sugar and his new henchman, Claude

person as much as your academic transformation.

## You didn't go to university. Did you talk Sophia through her options?

Definitely. I think there are so many more options for young people and in terms of what employers are looking for,

they are all as good as each other. There are great apprenticeship schemes now and there's a much broader view that all qualifications are as valuable as each other.

**Did you ever try to persuade her not to go?** You obviously don't know Sophia. She makes her own mind up!

## We can't say we're surprised...

[Laughs] Just like me! I don't know where she gets it from...



At an awards bash with daughter Sophia

*The Apprentice*, Weds, Oct 14, BBC1, 9pm



# MUSIC

## Album of the week

**ALESHA DIXON**  
**DO IT FOR LOVE**



### What you need to know...

The *Britain's Got Talent* judge goes back to her roots on her new album.

### First impressions...

Five years after her last album, Alesha Dixon is back – and this time she's taking control. Album opener *Stop*, which features the fabulous Wretch 32, is the perfect way to, erm, start. The next highlight is *Count On You*, which transports us back to the days of Mis-Teeq, mixing Alesha's rapping and a dubstep-style beat. Gushing ballad *People Need Love* winds the mood

down before the uplifting *The Gift* takes it sky high once more! There's also a beautiful song – *Azura* (*Blue Sky*) – about Alesha's two-year-old daughter, who she sings is the “apple of my eye”. Aw!

### Download now...

*Count On You*.

### Did you know?

Alesha once said she's very traditional when it comes to the bedroom, adding sex toys weren't her “cup of tea”. Oo-er!

### new! verdict:

The sound of Mis-Teeq returns!

### What's your favourite song at the moment?

*What Do You Mean?*  
by Justin Bieber.

### What song makes you turn off the radio?

David Zowie's *House Every Weekend*.  
I can't stand that tune!

### Do you sing in the shower?

I sing everywhere! I had a complaint from my neighbours for singing in the shower!

### What's your karaoke song?

*We Will Rock You* by Queen!

**We caught up with Luke Friend at the Jeans For Genes party. Jeans For Genes helps transform the lives of children with genetic disorders. Visit [Jeansforgenesday.org](http://Jeansforgenesday.org) to find out how to donate.**

## MY TUNES

LUKE FRIEND  
SINGER



### BEN HAENOW FT KELLY CLARKSON SECOND HAND HEART

We've had to wait a while for Ben's first tune since his *X Factor* winner's hit *Something I Need* – but it's totally been worth it. Here, the Croydon lad teams up with Grammy Award winning singer Kelly Clarkson for an infectious pop track that features hints of country and folk. Impressive!

### PERFUME: A CENTURY OF SCENTS by Lizzie Ostrom (Hutchinson, £16.99)

The one thing that could have made this fab book about the 20th century's top fragrances even more marvelous is scratch and sniff panels for each scent. Still, it's an intriguing, intoxicating guide to all things perfume.



WORDS: Zara Zubeidi & Georgia Farquharson  
PHOTOS: Redtums

## new! COMPETITION

# Win! FRIENDSHIP BRACELETS FOR BFFs, WORTH £80

This October, Mission Deli Wraps has partnered up with Breast Cancer Care, which offers specialist support to thousands of women waking up to the harsh reality of breast cancer every day.

Mission Deli has pledged £50,000 to the charity throughout Breast Cancer Awareness Month and turned its original packs pink. To support this, it is giving 14 lucky winners two beautiful friendship bracelets (worth £80) from Hurleyburley, a company founded by expert silversmiths and best friends Sue Buckland and Pippa Currey.

Research by Mission Deli shows that in times of hardship we turn to our friends, with nearly three quarters of women saying that they can tell their friends anything, but nearly half of women saying they don't do enough to show their friends how much they mean to them.

As well as entering this competition, you can support Mission Deli with its pledge to donate £50,000 by purchasing special Mission Deli Original pink packs from supermarkets throughout October 2015. Follow Mission Deli on social media to keep up to date with a host of pink activity.



## HOW TO ENTER

**CALL 0911 719 0620 (80PPM)\* OR TEXT NEWFB FOLLOWED BY YOUR EMAIL ADDRESS, NAME AND ADDRESS TO 86660 (£2)\*\***

\*Calls cost 80p per minute plus your telephone company's network access charge and last 2.5 minutes. \*\*Texts cost £2 plus your usual network rate. Or to enter via post send your details and telephone number on a postcard to:

**FRIENDSHIP BRACELETS COMPETITION, PO BOX 12581, SUTTON COLDFIELD B73 9BX**

One entry per postcard. Competition closes midnight 28.11.15 and three working days later for postal entries. SP: Spoke. 0333 202 3390

Entrants must be 18 or over. Winners will be selected at random from all valid entries. The Editor's decision is final. For full T&Cs, see [www.express.co.uk/campaigns/terms/7](http://www.express.co.uk/campaigns/terms/7). By responding to promotions, offers and competitions you agree that Northern & Shell and new! magazine may contact you by post, SMS and/or email with offers, goods or services that may be of interest to you. To stop receiving SMS messages please text “NS NOINFO” to the originating number. Express Newspapers/Northern & Shell reserves the right to offer these promotions in its portfolio of titles. Prizes are subject to availability. Images are for representational use only.



# “I still love Chantelle”

Chantelle Houghton's ex-husband Preston tells **new!** he still has feelings for the mum of one...

INTERVIEW Lisa Blake

Unbelievably, it's almost ten years since we were gripped by the sight of Chantelle Houghton and Ordinary Boys singer Samuel Preston – known as Preston – falling in love on *Celebrity Big Brother*. Swoon.

Although their romance and subsequent marriage sadly didn't stand the test of time, the result was an amicable friendship, and one that looks set to last forever.

“We phone up and have a little gossip now and again,” Preston tells **new!** when we settle down for a breakfast chat. “I think if one of us is a bit bored, we know we can rely on the other person to listen to our boring stories.”

Last December, Chantelle, who has a three-year-old daughter, Dolly, with her ex-fiance Alex Reid, told **new!** she still loves Preston, despite their divorce in 2007. “I'll always feel sad about the break-up with Preston. I still love him. We've always had something,” she said.

And Preston, 33, now a full-time songwriter who co-wrote Olly Murs' No.1 hit *Heart Skips A Beat*, admits to us that the feeling is mutual.

Here, Preston, who's just released a new album with his band, talks about Chantelle, his dabble with online dating and his crush on an *X Factor* judge...

**Congrats on the new album, Preston!**

Thanks. It's fuelled by reuniting with friends that I hadn't been friends with for ten years. I'm really proud of it.

**You've lived an interesting life. Would you ever write an autobiography?**

I would but I've got a bit more living to do. I've only just hit my stride in finding the life that I really want. After all the *Big Brother* and celebrity stuff, I was confused as to what to do. I lived in



Philadelphia for three years after I got divorced, working out what I was going to do next. Then I discovered songwriting.

**Have you spoken to Chantelle lately?**

We text every now and again.

**Have you met her daughter, Dolly?**

Not yet. I've been so busy with work and the band. But I'd love to make that happen. I really should.

**What type of thing do you text each other?**

Oh, everything. We phone up and have a little gossip now and again. We haven't for a few months, though.

**Is it you who usually picks up the phone?**

It's both. I think if one of us is a bit bored, we know we can rely on the other person to listen to our boring stories.

**When was the last time you saw her?**

I don't know... years ago now.

**She admitted last year she still loves you...**

Oh, you know, you never lose those feelings.

**Is the feeling mutual for you – do you still love her?**

Yeah, she's just a kind-hearted soul.

**How do you look back on your time together?**

It was a whirlwind of nonsense. The calm moments among the storm that we had together were great.

**Do you have any regrets?**

A life without regrets isn't a life worth living. I'm in a great position now and however I've got to this stage is the journey I've taken and I wouldn't change that for anything.

**Are you dating at the moment?**

I'm single. I'm a real workaholic, but maybe I should start thinking about that at some point or else I'm going to die alone [laughs].

**Do you worry about not settling down?**

No, I'm happy.



‘I should start dating again or else I’m going to die alone!’

**Are you still on dating app Tinder?**

No, but I was. It's a bit like Angry Birds, you just fiddle with it. I've never met anyone from it. My sister is often trying to get me to do it. The *Guardian* one, you have to write so much about yourself. I don't want anyone to think I put that much time into worrying who I'm going to go out with.

**Do you want to marry again and have kids?**

Yeah, massively. My mum always says you have to have one practice marriage!

**You co-wrote a song for Olly Murs.**

**Has he ever personally thanked you?**

Yeah, Olly's lovely. I absolutely love him. He is a genuinely likeable, brilliant guy.

**Would you ever write a song for Cheryl Fernandez-Versini?**

God, I don't know if I'd be able to control myself in a room with her. I'd just be stuttering my words.

**Do you fancy her?**

I think everyone does, don't they? It's impossible not to. Robbie Williams would be my dream to work for.

*The Ordinary Boys' self-titled album is available to buy now*



Preston with his Ordinary Boys bandmates



# Suffragette

Film of the week

Violet (Duff) and Maud (Mulligan) fight for the right to vote

**CERTIFICATE:** 12A **DIRECTOR:** Sarah Gavron  
**STARRING:** Carey Mulligan, Anne-Marie Duff, Helena Bonham Carter, Meryl Streep

## What's it all about?

In the early 1900s, factory worker Maud (Mulligan) joins the suffragettes in their fight for the right to vote. Their activism could result in jail – or worse.

## What's good?

It's both inspiring and heartbreaking to see the lengths women went to in order to win us the right to vote. Carey Mulligan puts in a passionate performance, while Anne-Marie Duff is great as her co-worker. You may be moved to tears seeing these mothers risk everything for the movement.

## What's bad?

The pace is a bit plodding and don't expect to see that much of Meryl Streep, who plays suffragette leader Emmeline Pankhurst.

**new!** **VERDICT:** A sobering watch that tells an important story with a brilliant cast. ★★★

FBI agent Kate (Blunt) takes on a government mission

# Sicario

**CERTIFICATE:** 15 **DIRECTOR:** Denis Villeneuve  
**STARRING:** Emily Blunt, Josh Brolin, Benicio Del Toro

## What's it all about?

A young FBI agent (Blunt) is enlisted by a mysterious government agent (Brolin) for a secret mission near the Mexican border.

## What's good?

A shocking thriller set in a murky world, *Sicario* has an authentic feel. Emily Blunt's agent feels like a real person rather

than a fantasy heroine. It's great to see her in such a strong role.

## What's bad?

While it's suspenseful in some parts, it's not really a nail-biter.

**new!** **VERDICT:** A dark, interesting thriller. ★★★

## OUR PICK OF RECENT RELEASES



### 1. Everest (12A)

Mount Everest plus Hollywood equals a moving and stunning disaster movie! Jake Gyllenhaal, Jason Clarke and Keira Knightley all star. ★★★



### 2. Miss You Already (12A)

A BFF-tastic film with Toni Collette and Drew Barrymore as bestie mates whose lives are turned upside down. Your heartstrings will be tugged. ★★★



### 3. The Intern (12A)

Expect laughter as Anne Hathaway and Robert De Niro star as a stylish businesswoman and the older intern she's forced to hire for her fashion business. ★★★



### 4. The Martian (12A)

Matt Damon is hugely watchable in this entertaining sci-fi about an astronaut stranded on the red planet. It's unexpectedly funny too! ★★★



### 5. Life (15)

A stylish and easy-on-the-eye swoonfest about screen legend James Dean, featuring strong performances from Dane DeHaan and Robert Pattinson. ★★★



### DVD OF THE WEEK Mad Max: Fury Road (15)

A full-throttle action thriller. Tom Hardy and Charlize Theron star in this seriously high-octane remake of the 70s classic. ★★★★★

## ALSO OUT THIS WEEK... Regression (15)

The disturbing story of a man who pleads guilty to abusing his daughter, despite having no memory of the crime. Emma Watson stars.





Dr Karl rushes to Sonya, but is it too late?

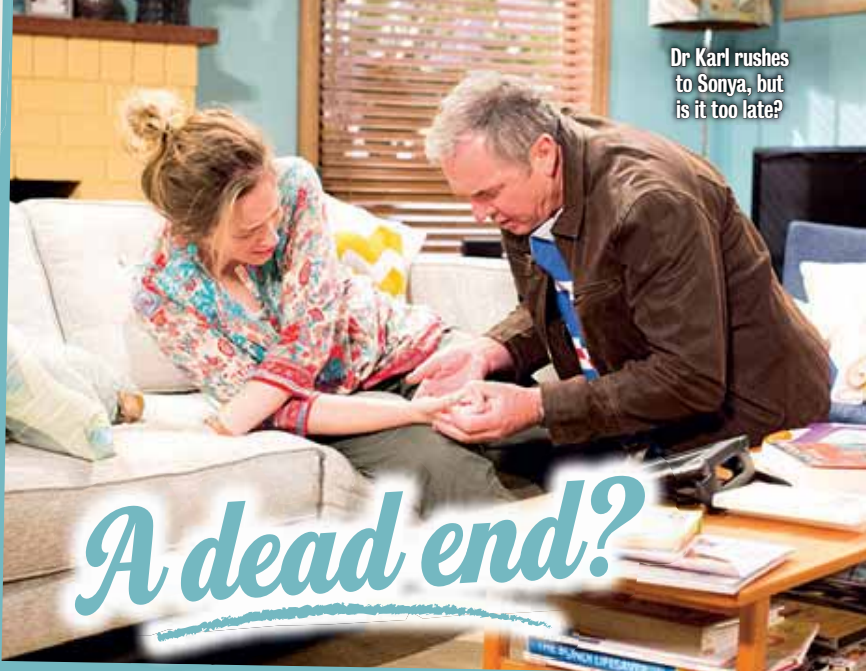
➤ It's touch and go for a number of Soapland residents this week! Cocaine-addicted Jai coaxes Kirin to try it for himself in **Emmerdale** and his apprentice delivers a confident pitch to an important buyer. But as they celebrate, Jai doubles over in agony...

Meanwhile, in **Neighbours** Sonya collapses after being bitten by a deadly redback spider. Dr Karl arrives to help, but he needs back-up and orders Toadie to call an ambulance – pronto!

In **Home And Away**, Lauren and Evie realise the brakes aren't working on their car as they hurtle towards a tree. And Kyle's only chance of survival is to get a new kidney. In a cruel twist of fate, records show Brax would have been the perfect match.



Coke addict Jai is in agony



## A dead end?

## Green-eyed monsters

➤ If anyone needs divine intervention, it's the Platts, so vicar Billy reaches out to Sarah in **Corrie** this week. But when Sean spots him chatting to Todd about the situation, he jumps to the wrong conclusion! Also, Maria gives Luke an ultimatum – it's her or his racing.

In **Home And Away**, Kat becomes suspicious of Ricky and Nate's closeness. And amid all the chaos in **Emmerdale**, Chas breaks down in tears and is comforted by James. But Emma is watching in the shadows... and she's seething with jealousy!



Sean is jel of Billy chatting to Todd



Emma watches as James comforts Chas

## Police escort

➤ Ashley discovers Nico and Sienna are in possession of the ring Carly stole from her in **Hollyoaks**. Ben tries to protect them at the station but, when the fire alarm goes off, Ashley – disguised as a policewoman – leads them away. She then locks them in a car and threatens to douse it in petrol!

In **Emmerdale**, incriminating footage of Aaron hiding the gun used to shoot Robert comes to light and he's arrested.



Nico and Sienna are fooled by Ashley

## SOAP SNIPPET

It's a case of "one in, one out" in **Neighbours** this week. We bid a fond farewell to Naomi, who's been offered the job of her dreams in LA, but not before heartbroken Paul rips into her and tells her she won't amount to anything without him. Nice! The vacancy for a Ramsay Street resident is soon filled when Steph Scully makes a dramatic entrance as she roars back into Erinsborough on her motorbike. This spells trouble...



Steph returns to Ramsay Street

## Battle stations!

➤ Tempers flare in **EastEnders** as Shabnam discovers someone's told Jade's social worker about Zaair, diminishing her chances of getting custody of her daughter. She marches over to Blades to confront Dean, but Roxy blocks her way. *Not a wise move!*

Elsewhere, in **Corrie**, Beth flies at new girl Kate Connor in the factory when she flirts with Kirk. And things get awkward in **Neighbours** when Brad moves in with Lauren – "as a friend" – and Imogen and Josh refuse to see him out of loyalty to their mum. But it appears Piper didn't get the memo!



Shabnam's on the warpath

## MEET THE NIGHTINGALES!

A little birdie told us that a new family, the Nightingales, are set to cause a stir in **Hollyoaks** when they take over The Dog In The Pond from the Osbornes later this month. Meet the newcomers...

### NATHAN (JARED GARFIELD)

Nathan, Mac's son, has come to **Hollyoaks** with his fiancée, Rachel. He's honest, loyal and loves a bit of banter.

### ALFIE (RICHARD LINNELL)

Alfie's the baby of the family. He's sensitive and thoughtful, but lacks confidence so is socially awkward.

### MAC (DAVID EASTER)

Cindy's secret hubby oozes charm but is incredibly vain. His dad used to run The Dog when he was a kid.



### RACHEL (JENNIFER BROOKE)

Rachel is a free-spirited tomboy who only has eyes for Nathan. She feels loved as part of the Nightingale family.

### ELLIE (SOPHIE PORLEY)

Ellie is a spoilt princess who thinks the world revolves around her. She hates "quaint" **Hollyoaks** on arrival.

### NEETA (AMRIT MAGHERA)

Mac's girlfriend is only two years older than his daughter Ellie! She's warm and bubbly but is no pushover.



# I need to lose about 3st!

Mum-of-three Jennifer Ellison talks to **new!** about her plans to shrink her waistline and her desire to have a baby girl...

INTERVIEW **Olivia Adams**

**D**own-to-earth is the perfect way to describe Jennifer Ellison. The actress, 32, who found fame in *Brookside* back in 1998, radiates confidence when we meet in London for a chat – and she's up for a lengthy gossip. Excellent!

Jen, who has three sons – Bobby, five, Harry, two, and one-year-old Charlie – with her hubby Robbie Tickle, has kept a relatively low profile since giving birth last September, swapping glitzy parties for valued family time.

And she tells us that not shedding the baby weight quickly hasn't fazed her at all. "I haven't had time to exercise. And when I do have time off I just want to spend it with the boys, not in the gym," she says.

Dressed in a baggy, low-cut black top and trousers, and without a scrap of make-up on, Jen still looks amazing. Here, the star, who currently hosts Lifetime show *Dance Mums With Jennifer Ellison* at her dance school in Liverpool, discusses her future gym goals...

**Charlie was a surprise because you'd been told you might not be able to conceive again.**

**Would you like to have more children?**

I've got three children under six. I'm done!

**Did you want a girl?**

I always pictured myself with boys. I'll have to see how things go. Once the boys are grown up a bit, I might try again – in, like, four years. That's a *might*!

**So you would like a girl?**

I would, yeah. But I'm happy with my boys.

**What's day-to-day life like with the kids?**

The alarm goes off at 7am, and then it's madness. It's a military operation.

Jen says she hasn't had time to lose her baby weight



With her hubby, Robbie



**How would you feel if they wanted to go into showbiz?**

I'd encourage it, but I don't want to push them into anything. I want them to find their own identities.

**Have you been working on losing the baby weight?**

I haven't had time. And when I do have time off, I just want to spend it with the boys, not in the gym. But Rob and I are going to make time, because diet and exercise are not happening at the moment.

**What's your diet like?**

I'm working long hours in the studio.

I'm there until 9pm, so there's no time to cook. I'm eating sandwiches and jacket potatoes, not fresh, healthy salads.

**Do you drink?**

I need to have a glass of wine at night to chill out! And during the day I'm drinking cola. I don't drink water.

**What exercise will you do when you start working out?**

Cardio, weights and interval training.

**What's the goal?**

I need to lose about 3st. I weigh 13st. I've not done anything since I've had the two babies.

**Do you feel pressure to lose weight?**

No, I don't care. I've got three gorgeous boys.

**You look so natural. Would you describe yourself as low-maintenance?**

I would now. I didn't used to be – I wouldn't do interviews without a full face of make-up. But now I don't care!

**What's your favourite part of your body?**

My eyes, because they can't put weight on!



She found *Dancing On Ice* tough



The star describes life with three boys as "madness"



**You competed in *Dancing On Ice* in 2012. Are there any other reality shows you would like to try?**

No. I thought I'd find *Dancing On Ice* easier than I did, but I was terrified the whole way through.

**How did *Dance Mums* come about?**

I'm a massive fan of the US version, so I thought it would be a great idea to bring it to the UK.

**Is the concept the same for series two?**

Yes, the show follows me and a few of the talented girls – and their mums – as they compete for different titles and championships in dance.

*Dance Mums With Jennifer Ellison* returns to Lifetime, Monday, October 12, at 9pm



# Lori Reid



Oct 12-18

Find out what's written in the stars for you over the next week

## Aquarius JAN 21 - FEB 19

Suspend judgement if mixed messages leave you confused. Tuesday brings enlightenment. Your ideas may sound revolutionary, but don't let anyone discourage you. Call my Starline to hear more: **0907 181 2957 (11)\*** or subscribe to **new!** Astro Texts (see below right).

## Pisces FEB 20 - MAR 20

Attracting support shouldn't be difficult if you go about it the right way! Do your research today, ask questions on Tuesday and make your pitch on Friday. Saturday brings results. Call my Starline to hear more: **0907 181 2957 (12)\*** or subscribe to **new!** Astro Texts (see below right).

## Aries MAR 21 - APR 20

You have a pretty full schedule, but the variety of tasks is interesting. Though a trip stalls, a better opportunity comes up on Tuesday. Relationships now take centre stage. Call my Starline to hear more: **0907 181 2957 (01)\*** or subscribe to **new!** Astro Texts (see below right).

## Taurus APR 21 - MAY 21

You're full of high hopes, Taurus, and as long as you don't rush things, you have luck on your side. Romance plays an important part this week too - love is in the air. Call my Starline to hear more: **0907 181 2957 (02)\*** or subscribe to **new!** Astro Texts (see right).

## Gemini MAY 22 - JUNE 22

Loving relationships receive a powerful boost, while home affairs are especially blessed. Not everyone will agree with your choices at first, but Saturday's success will prove you right. Call my Starline to hear more: **0907 181 2957 (03)\*** or subscribe to **new!** Astro Texts (see below right).

## Cancer JUNE 23 - JULY 23

The extra responsibility and overtime you've taken on are paying off, but don't let work pressure build to a crescendo. Time with your special someone is well spent. Call my Starline to hear more: **0907 181 2957 (04)\*** or subscribe to **new!** Astro Texts (see below right).

## Leo JULY 24 - AUG 23

Sunday's smart thinking enables you to take some pressure off Monday. Tuesday brings a change in your affairs and events pull your plans together. By Friday, you'll see results. Call my Starline to hear more: **0907 181 2957 (05)\*** or subscribe to **new!** Astro Texts (see below right).

## Virgo AUG 24 - SEP 23

Being a Virgo makes you conscientious and responsible - qualities that get you noticed this week. The fact that people are coming to you for advice boosts your confidence no end. Call my Starline to hear more: **0907 181 2957 (06)\*** or subscribe to **new!** Astro Texts (see right).

## Libra SEP 24 - OCT 23

There's gossip around, but not everything you hear is true. A stressful situation looms on Monday but, now you know, you can side-step any flack. On Tuesday, a new chapter starts. Call my Starline to hear more: **0907 181 2957 (07)\*** or subscribe to **new!** Astro Texts (see below right).

## Scorpio OCT 24 - NOV 22

Taking a break isn't a waste of time. Even though you're physically tired, your mind is dreaming up ideas that could make you a fortune. By Saturday, you reach an important goal. Call my Starline to hear more: **0907 181 2957 (08)\*** or subscribe to **new!** Astro Texts (see below right).

## Sagittarius NOV 23 - DEC 21

People are clamouring for your company. Thank your lucky stars for putting you in a great position to advance your ambitions. Put on your best smile and keep up the momentum. Call my Starline to hear more: **0907 181 2957 (09)\*** or subscribe to **new!** Astro Texts (see below right).

## Capricorn DEC 22 - JAN 20

You're making great strides at work, but the danger of being so engrossed in your own progress is that you may be neglecting your home and partner. Make up for it on Friday. Call my Starline to hear more: **0907 181 2957 (10)\*** or subscribe to **new!** Astro Texts (see right).

## LIVE PSYCHIC LINES

Call FREE and speak to our friendly advisers to book a reading:

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Calls cost £1.50 per minute plus your telephone company's access charge. Service available 8am-1am, seven days a week. Calls made outside these hours will be charged. Max length for calls is 19.6 mins. Booking line open 9am-5.30pm, Mon-Fri. Callers must be 18+. You must have the bill payer's permission.

**SAVE OVER £15** when you book a 30-minute reading!

## Lori's TEXT-A-PSYCHIC

My gifted psychics can answer ANY burning question you might have.

Simply text NEWPSYCHIC and then your question (max 160 characters) to 880004.\*\* My psychics will send you an instant answer. You will receive two message responses charged at £1.50 each. Total cost £3 (plus network extras).

Subscribe to **new!** Astro Texts for 50p plus standard network charge per message per day (max weekly cost of £3.50). To join, text NEW followed by the first three letters of your star sign, eg **NEWGEM**, to **87080**. This is a subscription service. It will cost 50p plus standard network charge per message per day until you text STOP to 87080.

\*FOR LORI'S STARLINE SELECT YOUR ZODIAC NUMBER (IN BRACKETS UNDER EACH STAR SIGN). CALLS COST 80P PER MINUTE PLUS YOUR TELEPHONE COMPANY'S NETWORK ACCESS CHARGE. MAXIMUM 8 MINUTES. ENTERTAINMENT ONLY. SUBSCRIBE TO DAILY ASTRO TEXTS FOR 50P PLUS STANDARD NETWORK CHARGES PER MESSAGE PER DAY. THIS IS A SUBSCRIPTION SERVICE. TO UNSUBSCRIBE AT ANY TIME SEND STOP TO 87080. SP: SPOKE, 0333 202 3390. \*\*FOR TEXT A PSYCHIC: EACH TEXT RECEIVED COSTS £1.50 PER MESSAGE. YOU WILL RECEIVE TWO MESSAGES PER QUESTION. TOTAL COST £3 (PLUS NETWORK CHARGE). WHEN YOU TEXT A PSYCHIC YOU MAY RECEIVE FREE MARKETING MESSAGES FROM **new!**. TO OPT OUT, TEXT NOINFO TO 880004. AVAILABLE ACROSS ALL NETWORKS. CUSTOMER SERVICE: 0333 202 3392 (9AM-5PM, MON-FRI). SERVICES FOR ENTERTAINMENT ONLY AND REGULATED BY PHONEPAYPLUS. 18+ ONLY.

## new! Letters



WRITE: Letters, **new!** magazine, The Northern & Shell Building, Number 10 Lower Thames Street, London EC3R 6EN

EMAIL: newletters@express.co.uk



Letter of the week

## PETE'S GOT THE MOVES!

I'm so impressed by how well Peter Andre's done on *Strictly Come Dancing* (*Strictly* Pete, issue 642)! He said he gets nervous, but

he makes dancing look like a breeze! I think he's going to carry on doing well in the competition and impress the judges more and more every week. So chill out, Pete, you're doing great!

**Sam, Southampton**

Our Pete wowed us too, with his snake-hipped moves! A Look Good Feel Better make-up brush set is on its way to you.



## TANYA'S A NATURAL

The *Real Housewives Of Cheshire's* Tanya Bardsley proved you don't have to be airbrushed in photos to look fabulous ('I'm sorting my knackered knockers next!', issue 642). Your pics of Tanya showed her beautiful face and gorgeous body as they really are - well done, **new!**

**Daisy, Hertfordshire**

## BRAD, WHAT WERE YOU THINKING?!

I can't believe how stupid Amy Childs' boyfriend Bradley Wright was to send sex texts to another girl when he's with someone as gorgeous as Amy ('I've let Amy down', issue 642). He may call it "just banter", but I call it plain disrespectful!

**Heidi, Snodland**



## TWEETS

@CarolynMid

@LaurenGoodger is looking so well in this weeks @new\_magazine so toned and slim!

@KerriLeigh35

@alexcannon247 loved reading your interview in @new\_magazine today #alandvickyforever

Tweet and follow us @new\_magazine  
To text your comments, write **NEWCHAT** followed by your message and send it to **83080**. Texts cost 25p plus your usual network rate. SP: Spoke Ltd, Helpdesk 0333 202 3390

PHOTOS: David Cummings, MagCommentsuk  
Tweets are printed exactly as they appear on Twitter



WEDNESDAY, SEPTEMBER 30

HEALTH LOTTERY DRAW NUMBERS

3

4

6

35

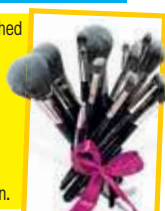
46

24

## WIN GREAT STUFF!

If you'd like the chance to win our fab Letter Of The Week prize, write to the postal or email address at the top of the page. Please include your name, address, email and daytime phone number. All letters must be original. **new!** is unable to return any manuscripts or photographs. The editor reserves the right to edit submitted material. **new!** cannot reply to letters individually.

Look Good Feel Better, the cancer support charity, has launched its new range of make-up brushes, with the help of beauty industry experts. The range includes all the varied types of brushes including blusher, foundation and blending for all your make-up applying needs, with an 8-12 per cent donation being made to the charity with every purchase. **new!** has teamed up with LGFB to award one winner a bundle of the brushes, worth £50! Some of the range is available at Boots, or shop online at Feelunique.com to purchase the full selection.



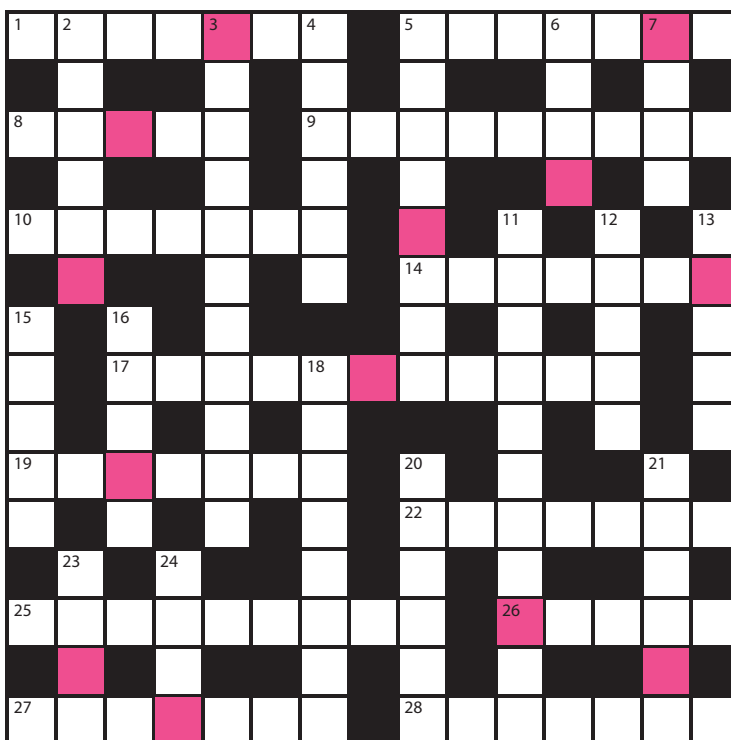


# Crossword

Rearrange the letters in the shaded squares to find the name of a former *Big Brother* star...

## Across

- 1 *Not Going Out* actor who is a team captain on *Would I Lie to You?* (3,4)
- 5 \_\_\_ Chastain, US actress whose films include *Miss Julie* (7)
- 8 Journalist who was a judge on *Britain's Got Talent*, \_\_\_ Morgan (5)
- 9 Quentin \_\_\_, US director of films including *Django Unchained* (9)
- 10 US actor who is the husband of LeAnn Rimes, Eddie \_\_\_ (7)
- 14 \_\_\_ Tucci, US actor and star of films including *A Little Chaos* (7)
- 17 US songstress and former *American Idol* judge whose hits include *Beautiful* (6,5)
- 19 *The Big Bang Theory* star who married Linda Perry in 2014, Sara \_\_\_ (7)
- 22 \_\_\_ Beke, one of *Strictly Come Dancing*'s professional dancers (5,2)
- 25 Former boyband whose hits include *Walks Like Rihanna* (3,6)
- 26 *TOWIE* star who is dating James Argent, \_\_\_ Bright (5)
- 27 \_\_\_ Cole, another professional dancer on BBC1's *Strictly Come Dancing* (7)
- 28 US actress whose films include *The Wedding Date*, Debra \_\_\_ (7)



## Down

- 2 \_\_\_ Clarke, actress who plays Daenerys Targaryen in TV's *Game Of Thrones* (6)
- 3 US actor who has split from wife Megan Fox, Brian \_\_\_ (6,5)
- 4 Kerry \_\_\_, Atomic Kitten singer and reality TV star (6)
- 5 Recent adventure film whose stars included Chris Pratt, \_\_\_ World (8)
- 6 \_\_\_ MacFarlane, US actor who created TV's *Family Guy* (4)
- 7 50 \_\_\_, US rapper whose real name is Curtis James Jackson III (4)
- 11 Singer who is one of the One Direction boys (5,6)
- 12 British model and reality TV star, Danielle \_\_\_ (5)
- 13 Liv \_\_\_, US actress who is the daughter of Aerosmith's Steven Tyler (5)
- 15 US actress whose films include *The Big Wedding*, Katherine \_\_\_ (5)
- 16 \_\_\_ Blunt, British actress who is married to John Krasinski (5)
- 18 British actress and star of films including *Runner Runner*, Gemma \_\_\_ (8)
- 20 Javier \_\_\_, Spanish actor who is the husband of Penelope Cruz (6)
- 21 US actor whose films include *American Heist*, \_\_\_ Brody (6)
- 23 US songstress who released the 2013 album *Closer To The Truth* (4)
- 24 \_\_\_ McGregor, Scottish actor and star of films including *The Impossible* (4)

## Chat Or Date!

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**0906 615 0395**

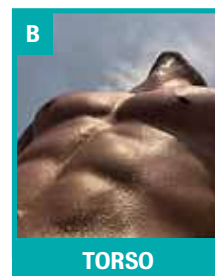
CREDIT CARD FREEPHONE  
**0800 075 8277**

**20 mins for £12 or 40 mins for £24**

18+. 09=60p per min + your network's access charge. Calls recorded. Entertainment purposes only. SP:PSL. Helpdesk 0207 966 9646.

# Celeb Instagram

Match these three stars to the pictures they've posted recently...



## Issue 641's solutions

Crossword: Ricky Rayment Wordsearch: Taylor Swift Celeb Instagram: 1:B; 2:C; 3:A  
Spot the difference: Colour of ankle strap, colour of jeans, writing missing from side of bag, missing drink, shopping item missing from bag, missing hat rim



# Spot the difference

Can you find the six differences between these two pictures of singer Miley Cyrus?



PHOTOS: Getty, GoffPhotos.com, Wireimage.com

## Wordsearch

The following words relating to *CBB* can all be found in the grid except for one. Which is missing?

Austin  
Bobby  
Chloe-  
Jasmine  
Chris  
Daniel  
Diary Room  
Emma  
Farrah  
Gail  
James  
Janice  
Jenna  
Natasha  
Paul  
Rylan  
Scoop  
Sherrie  
Stevi  
The House  
Tila

K	V	I	Z	L	N	D	D	S	M	P	Q	P	E	E
V	Y	O	I	T	Y	Z	A	J	T	Y	D	N	H	E
A	A	A	E	G	P	Q	A	N	F	E	I	W	G	H
Q	G	S	C	N	S	N	M	A	I	M	V	J	S	E
C	L	T	Z	K	I	R	R	N	S	E	A	I	H	M
H	K	T	K	C	Z	R	A	A	P	M	L	A	E	X
Z	W	F	E	T	A	T	J	Y	E	P	D	N	R	H
Y	B	D	F	H	A	E	V	S	O	I	X	N	R	E
L	U	A	P	S	O	O	A	O	A	N	S	E	I	N
V	A	E	H	L	W	U	C	R	B	D	T	J	E	W
S	B	A	H	K	S	S	Y	O	E	I	H	A	A	Z
I	E	C	U	T	E	R	B	M	L	I	M	B	C	O
R	G	N	I	I	O	B	E	A	L	M	H	Y	X	D
H	Z	N	X	O	Y	L	T	H	E	H	O	U	S	E
C	F	P	M	J	O	G	V	K	G	R	B	W	Q	T



**new!** has teamed up with Paul Frank to offer one winner a fantastic bundle of goodies. This fabulous prize, worth more than £80, has everything you need to stay stylish on holidays and weekends away. Included is an array of essentials – a jumbo beach towel, clear beach bag with travel pouch, holdall, travel pillow, umbrella and cute luggage tag. To browse the full range, including some amazing luggage cases, visit [Very.co.uk](http://Very.co.uk). To stay up to date with the Paul Frank brand, follow @paulfranktweets on Twitter.

For a chance to win this great prize, send this form, with the answers to our crossword and wordsearch, along with your contact information to: Puzzle Prize 643, **new!** magazine, Number 10 Lower Thames Street, London EC3R 6EN, by October 18, 2015. A winner will be chosen at random and contacted by a member of the **new!** team.

Name: .....  
Email: .....  
Phone number: .....  
Crossword answer: .....  
Wordsearch answer: .....



# EXPRESS your selfie!

The *Geordie Shore* star tells us about this cute selfie with her pet pooch, Baby...

**W**e're used to seeing the *Geordie Shore* girls tearing up the town on wild nights out, but here Charlotte Crosby reveals a softer side as she chats about her adorable dog, Baby. She also tells us what she thinks of men who take selfies and why she prefers wearing no make-up for her own snaps...

**Does Baby always sleep with you in your bed?**

Yeah, sometimes when I'm home she'll sleep with me, which is so cute. She's gorgeous.

**It's really cute the way she's posing with her little paws. Is she quite a poser?**

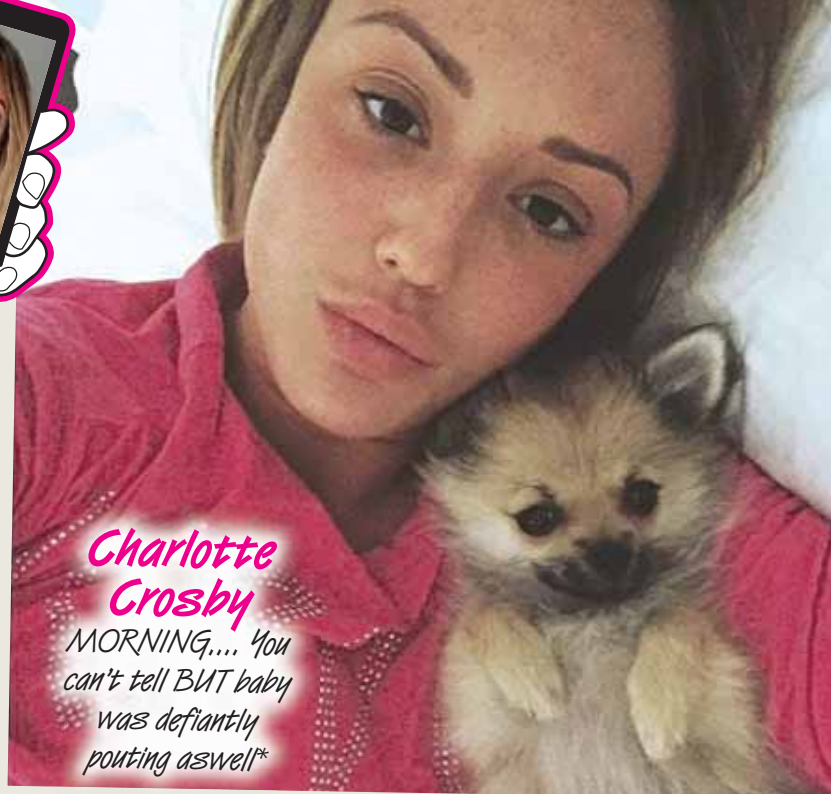
She is, you know. She's a little poser!

**She knows how to work the camera...**

And she loves getting dressed up in her little outfits.

**What's the best outfit you've got her?**

She's got a lovely little stripy sailor's top.



**Charlotte Crosby**

*MORNING.... You can't tell BUT baby was defiantly pouting aswell\**

**Is there anything she doesn't like wearing?**

Her lead!

**Are you going to get her a Christmas outfit?**

Yes, I'm going to make her a Christmas pudding!

**In the picture you're not wearing make-up.**

**Are you happy taking no make-up selfies?**

Yeah, I prefer it. You can have more fun with a no make-up selfie. If you've got make-up on you kind of have to look pretty – and if you don't, it's awkward because you're all dressed up. But with a no make-up one, everyone knows you're just having a laugh.

**Who would you say is the biggest selfie taker of the *Geordie Shore* girls?**

Chloe. She's always doing selfies.

**Do you think it's nice when guys take selfies or is it really cringe?**

If I looked at a boy's Instagram and he had loads of selfies on there I don't think I'd really care.

**What if they were really pouty?**

That would be a bit weird but it's just the generation of selfies now, isn't it?

**What about gym selfies?**

That's fine!

**In Ibiza, we saw you with a selfie stick. Was it yours?**

Yes. But I only take it on occasions. It's too hard to carry around.

**Have you had any selfie fails? There was one where your pants were on the floor...**

I wouldn't call that a fail because my pants are on the floor in most of them! I just can't be bothered to clear up!

**But you didn't delete it...**

Nah, I didn't care.

*Charlotte's AW15 Nostalgia range is available now at [Inthestyle.com](http://Inthestyle.com)*

## Tweet talk

Catch up with what the stars have been saying on Twitter



**@CaseyBatchelor**

Catching up with my girl

**@Imogen\_Thomas**

TUESDAY, SEPTEMBER 29

Aww, both ladies look

super-stylish as they

enjoy a cheeky gossip!



**@missgemcollins**

Loving my new healthy body baby sick of old pics being used to generate rubbish stories give me a break #Happy

WEDNESDAY,

SEPTEMBER 30

Keep up the good work, Gem.

You look fab!

**Jamie Laing via Instagram**

It's confirmed

**@spencermatthews**

and I are a couple

TUESDAY, SEPTEMBER 29

Well, Spenny's been out with almost every girl on the planet, so it was only a matter of time, Jamie...



**@FrankieBridge**

My little monkey

SATURDAY, SEPTEMBER 26

Frankie posts a gorgeous photo of her son, Parker.

He's too cute!

## I new!

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The more they sing,  
The more they dance,  
The more they build,  
The more they explore,  
The more they do,  
The more they need.



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